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Literacy This Week

October 13, 2016

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Literacy Dates

Canadian Library Month - October

Cyber Security Awareness Month - October

Plain Language Day - October 13

International Day for the Eradication of Poverty - October 17

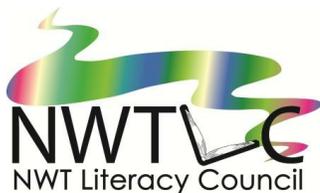
Financial Literacy Month - November

Our Blog

Plain language is for everyone

Today is International Plain Language Day. People are encouraged to 'show and tell' their clear communication successes.

One of our successes is our northern cookbook, [Great Food for Northern Cooks](#), full of clear and easy recipes. Every cooking program in the Northwest Territories uses this book. We're very proud of it...[Read more](#)



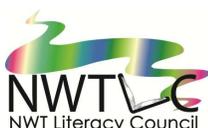
We're the family, youth and adult literacy and essential skills centre for excellence.

We support literacy and essential skills in all the official languages of the Northwest Territories.

We're also plain language specialists.

[Check out our website to learn more](#)

Support Literacy



You can support literacy in the NWT

- [Make a donation](#)
- [Join the Council](#)
- Take part in literacy activities in your community

Connect With Us!

We share lots of news, fun photos and opinion in between issues of Literacy This Week

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Chicken Soup

This recipe takes 2 hours to make.
6 to 8 servings

Step 1: Make the broth

- Put chicken bones, water, salt, and bay leaf in a big pot.
- Put the pot on the stove, lid on. Turn the burner to high. Bring to a boil.
- As soon as it boils, turn the burner to low. Simmer for 60 minutes. Stir a few times.



Chicken bones



8 cups water



1 tsp salt



1 bay leaf

Ingredients

- tsp = teaspoon
- Chicken bones
 - 8 cups water
 - 1 bay leaf (optional)
 - 1 tsp salt
 - 1 onion, chopped
 - 3 carrots, chopped
 - 2 stalks celery, chopped
 - 1 cup uncooked rice
 - 1 cup frozen mixed vegetables
 - 1 tsp thyme
 - Black pepper

Step 2: Take the meat off the bones

- Turn off the stove burner. Take the pot off the stove.
- Strain the bones; let them cool.
- Pick the meat off the bones. Put the meat back into the broth.



Options

- Use turkey bones instead of chicken.
- Use noodles instead of rice.
- Add mushrooms, garlic, peppers, or other veggies.

Announcements and Events

We're at wellness fairs this year

We're handing out prizes and providing information about family and community literacy at the community wellness fairs in the NWT, organized by the NWT Department of Health and Social Services. Here's Charlotte at the fair in Fort Liard this week.



'What was the dumbest thing you ever did with your money' Grade 12 Essay Contest

[Credit Education Week](#) is coming up in November. Grade 12 students across Canada are invited to confess their financial calamity true story by submitting their handiwork by October 17, 2016. Prizes range from \$1000 to \$5000, with over 20 prizes to be won.

Welcome Emily Smith

We have a new family literacy trainee. Emily Smith grew up in Yellowknife and is a recent Trent University graduate. Emily spent five summers as a paddling guide and instructor.



It's libraries month

It's National Libraries Month and there is lots going on at the [Yellowknife Public Library](#). Local author, Emily Roback will present her memoir, *A Silent Cheer: Against the Odds*, on October 22 at 1 pm. The library is also challenging local businesses and organizations to set aside a space in their workplace for a Silent Reading Cafe once a month for six months. Are you taking the pledge?

Funding

Learning supports for persons with a disability

The [NWT Disabilities Council](#) is accepting applications for 2016-17 for its program to help people living with a disability meet their learning goals. Applicants must be at least 18 years of age.

Getting teens moving

The [ParticipACTION Teen Challenge](#) encourages teens to be more physically active. Grants of up to \$500 can help schools and community groups meet this goal.

News, Opinion, and Research

Junior kindergarten doing more harm than good, says expert

An early childhood education expert with 22 years of experience in the North is sounding the alarm over the way the junior kindergarten program is being rolled out in Fort McPherson this year...[Read more](#)

When it comes to raising children, be a gardener, not a carpenter

When it comes to raising children, one thing there is no shortage of is advice. Experts tell us how to deal with sleep issues and potty training; how to raise toddlers who are disciplined, curious and capable; how to help children score A's at school; and how to turn teenagers into responsible, caring and independent adults...[Read more](#)

Books behind bars

Joe Davies was serving time for drug trafficking and extortion the first time he met Rev. Carol Finlay. Finlay, an Anglican priest, was running a book club for inmates at Collins Bay Institution, a multi-level prison in Kingston, Ont. Davies (whose name has been changed) joined mainly out of boredom...[Read more](#)

Six-hour workday boosts productivity, worker satisfaction

In recent years, some employers in Sweden began what many considered an audacious experiment: Local governments and privately owned companies in various cities put their staffs on a six-hour day...[Read more](#)

Resources and Websites

10 things to know about Canada's guaranteed annual income debate

[Fast facts about this hot public policy debate](#)

Federal consultations

- [Budget 2017](#)
- [Political activities of charities](#)
- [National housing strategy](#)
- [Accessibility legislation](#)
- [Employment benefits and caregivers](#)
- [Employment benefits and parental leave](#)
- [Canada Post](#)

How to raise creative children

[The Atlantic video](#) (2:33 minutes)

