

## Tlicho Events

1. Alexis Arrowmaker School in Wekweeti will participate in the Great Big Crunch.
  - Contact: Alexandra Rosilius, alexandra\_rosilius@tlicho.net

## South Slave Events

1. Deninu School in Fort Resolution is having each class make a healthy snack to share with an Elder or family member who will join them for a story time.
  - Contact: Lynette De Maries, Idemaries@ssdec.nt.ca
2. Katlodeeche Events:
  - Chief Sunrise Education Centre in Katlodeeche First Nation will host a Book and Bannock event, and have an after school cooking club with classes.
    - i. Contact: Debra Reid, dreid@ssdec.nt.ca
  - The Aurora College Community Learning Centre will host an open house on Friday, September 28.
    - i. Contact: Liz Pope, Liz.Pope@auroracollege.nt.ca
3. Hay River Events:
  - Family Support Centre is hosting a free family cooking class. Families will cook a meal and share it together, and take home a cook book.
    - i. Contact: Sherri Vegso, svegso1@gmail.com
  - 100 students at Ecole Boreal will all snack together as part of the Great Big Crunch.
    - i. Contact: Dominik Langford, dominik.p-langford@csftno.com
  - Harry Camsell School and Princess Alexandra School will celebrate NWT Literacy Week with the Great Big Crunch.
    - i. Contact: Carolyn Carroll, ccarroll@ssdec.nt.ca
  - Children at the Treehouse Drop In Centre will get to make their own snacks, and then take home the recipe and supplies. They will be able to show off their cooking skills to their family.
    - i. Contact: Genevieve Clarke, treehouse@northwestel.net
  - The Aurora College Community Learning Centre students will be making pizza during the morning of September 28. The public is invited to come by for pizza starting at noon.
    - i. Contact: Adam Smith, asmith@auroracollege.nt.ca
4. LutselK'e Dene School will be hosting a Family Literacy night, with families creating vegetable houses and enjoying snacks and books. Each class will also make pizzas, do a grocery store list scavenger hunt, family reading and dress as a character day.
  - Contact: Brenda Guest, bguest@ssdec.nt.ca
5. Fort Smith Events:

- PWK High School in Fort Smith is hosting a week full of events including sharing favourite recipes, a best bannock making contest and Family Literacy Breakfast.
    - i. Contact: Pam Walsh, pwalsh@ssdec.nt.ca
  - The Healthy Families Program will be giving away children's books at Aurora College on Thursday, September 27 at 2 p.m.
    - i. Contact: Amy Ryan, Amy\_Ryan@gov.nt.ca
6. The kids in the Hamlet of Enterprise will be making Stone Soup, playing games and making fried bannock.
- Contact: Erin Porter, hci@enterprise-nt.ca

## Yellowknife Events

1. YK Playgroup will be hosting three events:
  - Physical literacy on Monday with DancePL3Y for the kids and adults.
  - Obstacle Course Wednesday
  - ABC Party on Friday at the Calvary Community Church with independent play, centres, story time and make your own trail mix.
  - Each event is \$2 drop-in per child (babies under 6 months & adults are free).
    - i. Contact: Rachel Vander Veen, ravv25@hotmail.com
2. Mildred Hall School students will prepare food in advance of their Fall Feast with food they grew in their gardens. The school will also participate in the Great Big Crunch, with 275 students and 40 staff.
  - Contact: Katey Simmons, katey.simmons@yk1.nt.ca
3. Sir John Franklin School will have books with breakfast. Students can enjoy a book while starting their day with a great breakfast. They will also have literature trivia.
  - Contact: Bridget McLeod, bridget.mcleod@yk1.nt.ca
4. Ecole J.H. Sisson School will combine NWT Literacy Week, the Terry Fox Walk and Food First Foundation's Great Big Crunch throughout the week. Students will read books about apples and healthy snacks, and then after the Terry Fox Walk on Thursday they will offer an apple for a snack.
  - Contact: Rachell Simmons, rachell.simmons@yk1.nt.ca
5. N.J. McPherson School students will take part in the Great Big Crunch.
  - Contact: Shirley Zouboules, shirley.zouboules@yk1.nt.ca
6. Children at Ecole St. Joseph School will take part in the Great Big Crunch.
  - Contact: Liesbeth Van Blarikom

## Dehcho Events

1. Echo Dene School, Aurora College and Happy Families in Fort Liard are partnering to present a Kids Can Cook event. Participants will make easy and fun recipes as a family.
  - Contact: Christine Abela, cabela@auroracollege.nt.ca
2. Charles Yohin School in Nahanni Butte will participate in the Great Big Crunch.

- Contact: Lynn Macfadyen, lynn\_macfadyen@dehcho.learnnet.nt.ca
- 3. Children in Fort Simpson will get to make caramel apples, read books about fall, make a craft and eat healthy snacks at the John Tsetso Memorial Library.
  - Contact: Roxanna Thompson, si\_library@gov.nt.ca
- 7. Students in Kakisa are excited to participate in the Great Big Crunch.
  - Contact: Doyle Manuel, doyle\_manuel@dehcho.learnnet.nt.ca
- 8. Deh Gah School students in Fort Providence will be making homemade pizzas for community events.
  - Contact: Kristen Machina, kmachina@hotmail.com

## Sahtu Events

1. Students at ʔehtseo Ayha School in Deline will participate in the Great Big Crunch.
  - Contact: Kim Hagarty, khagarty@sahtudec.ca
2. Chief T'Selehye School Library will host healthy cooking with students, teachers, volunteers and the Librarian.
  - Contact: Francisco Ellton, fortgoodhopelibrary@gmail.com
3. The Norman Wells Community Library is hosting a family literacy event on September 29 with story time, playdoh and goop making, a literacy activity and snack making.
  - Contact: Jennifer Waterhouse, Jennifer.waterhouse09@gmail.com

## Beaufort Delta Events

1. Aklavik Events:
  - The Aklavik Library is hosting cooking and baking throughout the week. The schedule of events will be posted around the community and events are open to the public.
  - Students at Moose Kerr School will also participate in the Great Big Crunch on September 25.
    - i. Contact: Tanya McLeod, tanyam@bdec.nt.ca
2. Inualthuyak School in Sachs Harbour will participate in the Great Big Crunch.
  - Contact: Stephen Keoughan, stephen\_keoughan@bdec.learnnet.nt.ca
3. Chief Paul Niditchie School in Tsiigehtchic will participate in the Great Big Crunch, and are inviting the whole community to join the students.
  - Contact: Sonia Gregory, sonia\_gregory@bdec.learnnet.nt.ca
4. Everyone at the Children First Society in Inuvik will get into the kitchen together, each with their own jobs for their age.
  - Contact: Angela Storr, auntie\_ang05@hotmail.com
5. Fort McPherson
  - 170 students at Chief Julius School in Fort McPherson will participate in the Great Big Crunch.

- i. Contact: Shirley Snowshoe- Peterson,  
shirley\_peterson@bdec.learnnet.nt.ca
- Events at the Charles Koe Building
  - i. Sunday, 5-7 pm: Soup and bannock supper with dessert. Everyone is welcome.
  - ii. Monday, 2-4 pm: CBQM Program, Community members to read.
  - iii. Tuesday, 5-7 pm: Baking in the Kitchen: Let's make cookies. Everyone is welcome.
  - iv. Wednesday, 5-7 pm: Cooking for young mothers. Bring your child/children.
  - v. Thursday, 5-7 pm: Art class and reading. Snacks will be provided.
  - vi. Friday, 2-4 pm: CBQM Program. Community Elders' Story Telling.
- Events at Chief Julius School, sponsored by the Library and the Justice Committee
  - i. Sunday, 4:30 pm: Scavenger Hunt for ages 6-15 years old. Adult Crib Tournament with \$50 prize.
  - ii. Monday, 4 pm: Baking in the Kitchen for 5-12 year olds.
  - iii. Tuesday, 6:30 pm: Paint Night, with appetizers for ages 16+.
  - iv. Wednesday, 6 pm: Family Literacy night, for ages 0-12 years old, with parents.
  - v. Thursday, 7 pm: Baking in the Kitchen and Skip-Bo for ages 15-35 years old.
  - vi. Friday, 2:30 pm: Elders' Tea and Home video, for adults and Elders.
  - vii. Saturday, 7 pm: Youth Skills in the Kitchen and Soccer for ages 15-35. \$7/person with door prizes.
  - viii. Contact: Delores Vittrekwa, delores\_vittrekwa@bdec.learnnet.nt.ca

\*\*Great Big Crunch is an annual, national program that Food First Foundation facilitates in the NWT. Since 2015, the Food First Foundation has provided funding to NWT schools to participate in the Great Big Crunch. The Great Big Crunch is a special day, class, assembly, lunch hour, or even 5 minutes dedicated to apples and ending in a synchronized "crunch" to celebrate. One class can participate or the entire school. Schools can be creative...apple poetry, apple films, apple cooking etc., but it does not have to be elaborate, the goal is just to have students enjoy an apple (or another healthy food).

The Great Big Crunch is intended to promote healthy snacking, the importance of enjoying food together, and enhance student understanding of where their food comes from. Visit <https://foodshare.net/program/crunch/> for more information.

This year, Food First Foundation and NWT Literacy Council partnered to encourage schools to their Great Big Crunch event during NWT Literacy Week since it fits well with the “Everyone in the Kitchen” theme.