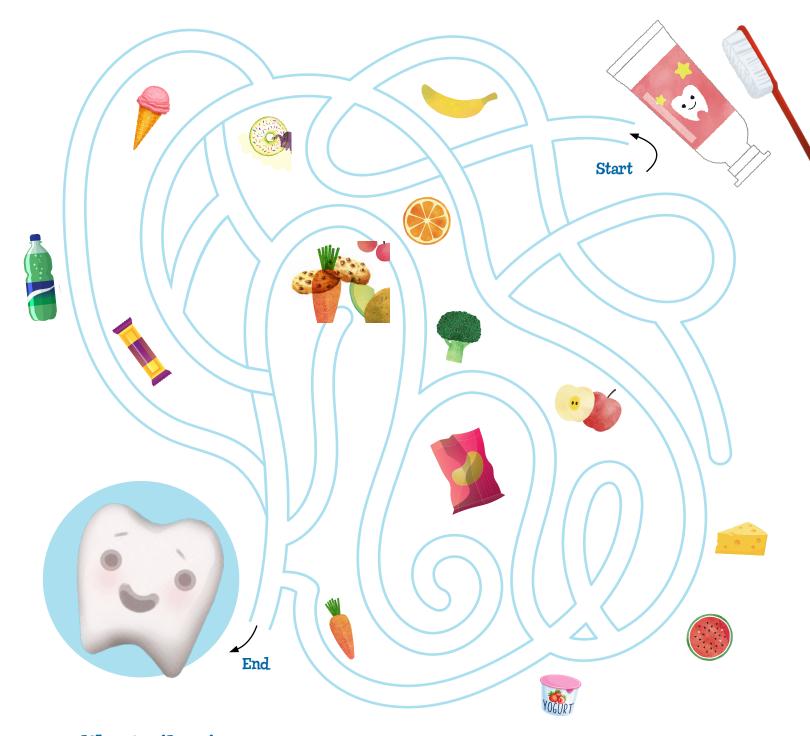
## Find your way to good oral health.

Help get the toothpaste to the tooth! Let **healthy** snacks guide the way.



## Healthy Smile Tips

- Brush your teeth twice a day with fluoride toothpaste.
- Floss your teeth daily.
- Eat a healthy diet that limits sugary beverages and snacks.
- See your dentist regularly (twice a year).

