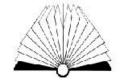
# How-to-Kit



# Baby Book



**NWT Literacy Council** 

### Other How-to-Kits & Literacy Activities

This *How To Kit* was developed to help organizations celebrate literacy in the NWT. It is one in a series of *How to Kits* that you can download from the NWT Literacy Council website at <a href="https://www.nwt.literacy.ca">www.nwt.literacy.ca</a>. You are welcome to photocopy and use the activities in your programs, or adapt them to your needs.

#### Other How-to-Kits you will find on our website:

- 1-2-3 Rhyme with Me
- Community Book Swap
- Family Reading Party
- Games Night
- Literacy Treasure Hunt
- Pyjamas and Book Party
- Reading Circles and Story Extenders
- Scattergories
- Storytime on the Radio
- Family Literacy Activities Night
- Book Making
- Literacy Games for Adults
- Get Caught Reading & Other Promotion Ideas
- Election
- Environmental Print Games
- More Literacy Games
- Read for 15
- Writing and Publishing Children's Books

- Involving Families in Children's Learning
- Literacy Activities for Holidays Thanks giving, Halloween, Christmas, Valentine's Day, Easter, Birthdays
- Puppet Making
- Writing Contest
- Culture and Traditions
- Books in the Home
- Facilitating a Workshop
- Talking Books
- Readers Theatre
- Family Literacy Activities
- Night 2
- Books in the Home Kit Love You Forever
- Word & Picture Bingos
- Plan a Family Literacy Fair
- Storysacks
- Literacy Survivor
- Baby Book

New

#### You are welcome to download and use these kits.

**NWT Literacy Council** 

Box 761

Yellowknife, NT X1A 2N6

Phone: 867-873-9262 Fax: 867-873-2176 Toll Free in the NWT: 1-866-599-6758

Email: nwtliteracy@nwtliteracy.ca Website: www.nwt.literacy.ca

**NWT Literacy Council** 



### **Celebrate Family Literacy Day in the NWT**

## **Baby Book**

A baby book is something that a child will have forever. They will look at it and know that they are special. This How-to-Kit provides an outline for a baby book. You can use this How-to-Kit with parents in a pre/postnatal class. You can also use this idea with parents in a preschool or daycare program. You can give parents a copy of the baby book to take home or make it together. Parents who have older children can still do the baby book using old photos.

#### In this kit you will find:

- ✓ Why making a baby book is important
- ✓ Information on hosting a baby book-making event
- Instructions for making a padded binder for your baby book
- ✓ Handouts for the baby book



## Why is Making a Baby Book Important?

Do you have lots of pictures of you when you were a child? Do you like to look at them? How does it make you feel?

Memory books are a great way to create a lasting, unique tribute to your baby's first years. Even if you don't consider yourself to be artistic, it's easy to create something touching



and beautiful. Baby books help provide children with a sense of identity. They also help literacy development by encouraging children to listen, look and read text and photos. Children love to hear about how and when they were born. They never get tired of it. They love hearing about how they first learned to walk or talk. Baby books are a great way to share these wonderful memories and encourage early literacy development. You can make a habit of looking at your children's baby book with them.

### Hosting a Baby Book-making Event

Invite parents to come to a baby book-making event. Choose a time that works best for parents. You may need to schedule several sessions. Provide daycare



with fun literacy activities for children while parents work on their baby books.

Ask parents to bring photos of their child, children and family with them. Some families may not have many photos. Use a digital camera and take pictures of the families for the books. Make a padded binder for the baby books. Instructions are on the next page.

Go through the baby book together and get parents talking about their children and all the milestones that they remember. Encourage parents to talk to one another and make sure you laugh and have fun!



### Make a Padded Binder for a Baby Book

### What you need:

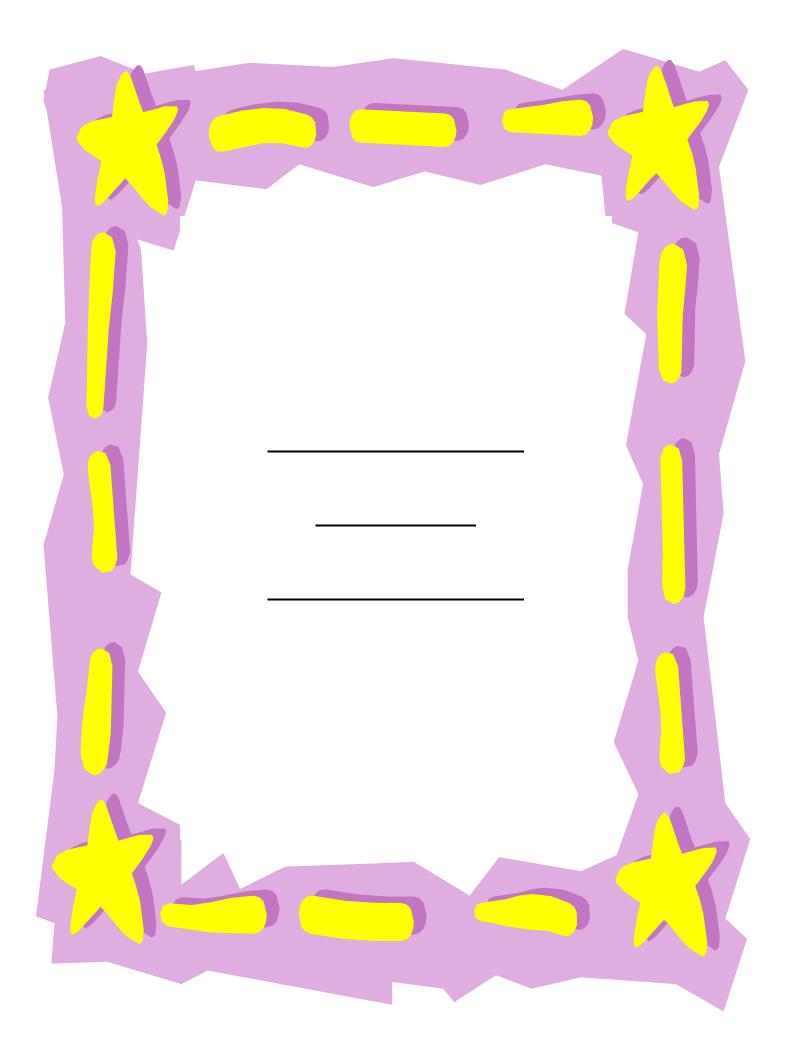
- ✓ Binders
- ✓ Material
- ✓ Glue guns
- ✓ Scissors
- ✓ Cardboard
- ✓ Batting



- 1. Cut out material about 2 inches larger on each side than the binder when it is opened up.
- 2. Cut two pieces of cardboard the size of the closed binder.
- 3. Cut out 2 pieces of material about 1 inch larger than the size of the cardboard.
- 4. Cut out batting the same size as the binder when it is open.
- 5. Place the larger material on a table. Centre the batting on the material and put the binder on the batting.
- 6. Glue the material to the inside of the binder with a glue gun. Glue the material one side at a time.
- 7. Put the other pieces of material on a table. Put the cardboard pieces on top of the material and glue the material around the cardboard edges.
- 8. Glue the material covered cardboard to the inside of the binder. Be sure to cover up the edges of the material. You are done!







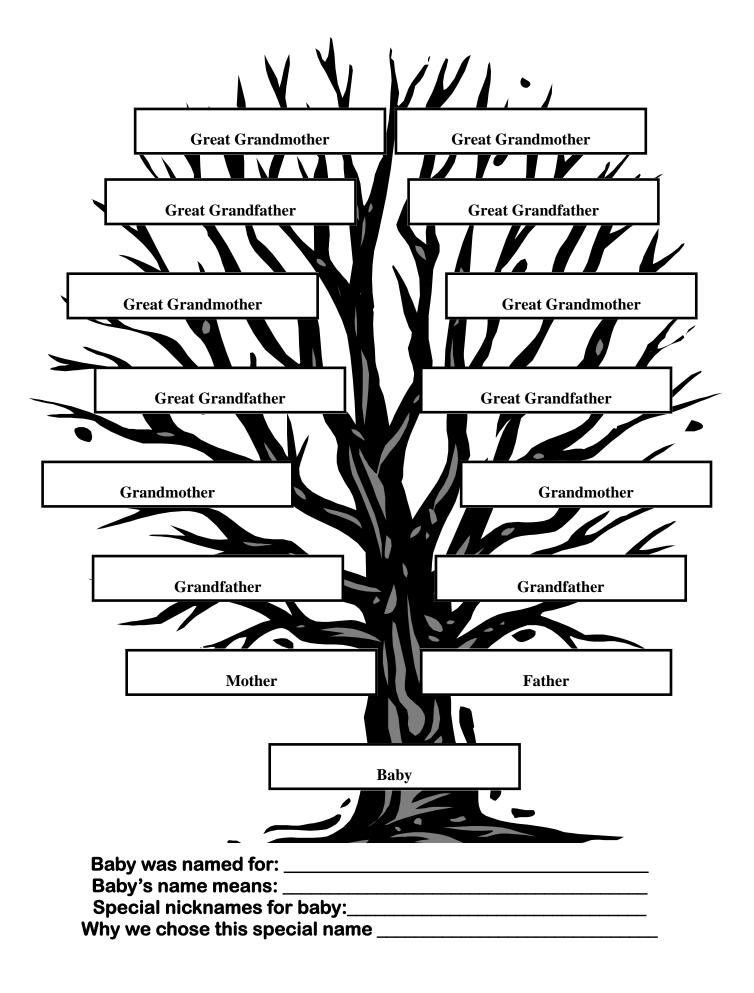
Baby		
	ved today!	
On,	,	
at		
Was born at		<del></del>
In		_
Baby weighed	, was	long,
Hade	yes, and	_hair.
The prou	d parents are:	

# Baby's name

Baby was named after
Baby's name means
We chose this name because:
Baby's name is special because:
Other names we thought of:









# Here's how baby grew

Date	Weight	Height



# Waiting for baby's arrival!

When I found out I was pregnant	
Due date, thoughts, feelings	
During my pregnancy	
Special events, health, feelings, plans, thoughts, questions	
	<del></del>
	,

# Baby is on the way!



When my	labor started			
Where was I? How did I get to the hospital? Who was with me? How long did it take? What was I thinking? Any special events?				
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# Baby's favourites

Games: _			
Songs: _			
Stories: _			

## A few facts about Mom and Dad

MOM		DAD
		IJAIJ

Name:
Nickname:
Birth Date:
Birth Place:
Schools Attended:
Brothers and Sisters:

## A few facts about Mom

## **MOM**

Name:
Nickname:
Birth Date:
Birth Place:
Schools Attended:
Brothers and Sisters:

## A few facts about Dad

## **Dad**

Name:	
Nickname:	
Birth Date:	
Birth Place:	
Schools Attended:	
Brothers and Sisters:	



# These feet were made for walking. . .

Date: \_\_\_\_\_ Age: \_\_\_\_



# **Handprints**



Date: \_\_\_\_\_ Age: \_\_\_\_

# A letter from Mom to you! This is why you are so special to me. . .

Date: \_\_\_\_\_

# A letter from Dad to you! This is why you are so special to me. . .

Date: \_\_\_\_\_



Your	m	O	nt	h

	Length	Weight
Physica	al changes	_
Eating a	and sleeping habits	
New sk	kills, accomplishments and	talents
New pl	laces visited and new exper	riences
	Your favourite	
Toys_		
Foods		
Stories	s	
_	<b>3</b>	
Rhym	es	
	es	
Activi		



Your	 year

Heig	ht	Weight
Physical ch	anges	
Eating and	sleeping habi	ts
		nents and talents
New place	s visited and	new experiences
		favourite
Toy	s	
Sor	ıgs	
Col	ors	
Clo	thing	
Frie	ends	
Sto	ries	
Gai	mes	
Rhy	/mes	
Sor	ngs	

## **Your firsts**

## The first time you ever...

Smiled
Made sounds
Took a trip away from home
Held your head up
Rolled over
Slept through the night
Started reaching for objects
Laughed
Played Pat-a-cake
Sat alone
Tried solid foods
Crawled
Had a tooth
Stood without help
Said words
Walked with help
Walked without help
Got a haircut
Used the potty



## This is your first work of art!

You said it is a \_\_\_\_\_

Date: \_\_\_\_\_



