How-to-Kit



Making Family Books Together

- ✓ My Mom and Me
- ✓ My Dad and Me

Adapted from: My Mother and Me: A Memory Scrapbook for Kids, by Jane Drake and Ann Love, Kids Can Press, 2000

Other How-to-Kits & Literacy Activities

This *How-to-Kit* was developed to help organizations celebrate literacy in the NWT. It is one in a series of *How to Kits* that you can download from the NWT Literacy Council website at www.nwt.literacy.ca. You are welcome to photocopy and use the activities in your programs, or adapt them to your needs.

How To Kits Developed to Date:

- 1-2-3 Rhyme with Me
- Community Book Swap
- Family Reading Party
- Games Night
- Literacy Treasure Hunt
- Pyjamas and Book Party
- Reading Circles and Story Extenders
- Scattergories
- Storytime on the Radio
- Family Literacy Activities Night
- Book Making
- Literacy Games for Adults
- Get Caught Reading & Other Promotion Ideas
- Election
- Environmental Print Games
- More Literacy Games
- Read for 15
- Writing and Publishing Children's Books
- Music and Literacy

- Involving Families in Children's Learning
- Literacy Activities for Holidays Thanksgiving, Halloween, Christmas, Valentine's Day, Easter, Birthdays
- Puppet Making
- Writing Contest
- Culture and Traditions
- Books in the Home
- Facilitating a Workshop
- Talking Books
- Readers Theatre
- Family Literacy Activities Night 2
- Books in the Home Kit *Love You Forever*
- Word & Picture Bingos
- Plan a Family Literacy Day Fair
- Storysacks
- Making Family Books
- Children and Play
- Writing Ideas

You will also find other activities on our website that you are welcome to download and use.

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Making Family Books Together

This *How to Kit* provides you with information on making family books and ideas for creating homemade books. Family books are a great way to engage children and families in reading and sharing together.

In this *How to Kit*, you will find:

- ✓ Information about family books and how you can use them in your community
- ✓ Recruiting ideas
- ✓ Homemade book ideas
- ✓ My Mom and Me family book template
- ✓ My Dad and Me family book template

What is a family book?

A family book is a memory scrapbook for kids and their parents. A family book includes pictures, mementos, stories and drawings.

Family books are all about:

✓ Your favourite things ✓ Your family

 $oxed{oxed}$ How you celebrate holidays $oxed{oxed}$ Where you live

✓ Pasting in photos ✓ Drawing pictures

✓ Collecting memories ✓ Telling and writing stories



Why make family books?

Family books are a great way for parents to share stories, ideas and crafts with their children. Making a family book together helps build strong relationships between parents and their children and also helps to build strong literacy skills in children.

Who can participate in making family books?

This *How to Kit* provides a family book for moms and their children and dads and their children. They can be adapted to use with other family members. There are also some templates for making homemade books to use with families.

How can I use the family books?

You can do several things:

- ✓ You can have a family literacy night and include family bookmaking in your event.
- ✓ You can have a series of workshops for parents and their children. Each week they can work on their family books and do other literacy related activities.
- ✓ You can include this activity in your classroom or preschool program and ask parents and children to complete the book at home.
- ✓ Families can create their own family books.

Some helpful hints:

- ✓ Take pictures of families so they can use them in their books.
- ✓ If parents have several children, they can work with each child separately or work on the book as a family.
- ✓ Help parents and children with the activities in the book. They may need some guidance.
- ✓ Make a padded binder to put the family book into. A template for a padded binder is included in this section.



Celebrate Family Literacy in the NWT

✓ Use the other homemade book ideas to create family journals, books and scrapbooks.

How can I encourage families to participate?

Sometimes getting parents to participate in family literacy activities can be hard. Some ideas for getting parents to attend your program are:

- ✓ Give personal invitations to parents and children.
- ✓ Advertise on the radio, on bulletin boards, at the school, at the daycare, at the band office, etc.
- ✓ Give away free prizes at your event. The NWT Literacy Council will provide book prizes. Ask your local store to provide other prizes.
- ✓ Have healthy nutritious snacks at your family literacy event.
- ✓ Make sure you tell people on the advertisements that there will be prizes and snacks at the event.
- ✓ Remind people about the event the day before. Ask them if they will be coming.

How can I get dads to participate?

In the past, the role of a father was different than it is today. A father was seen as the provider and the protector. The father was expected to provide his family with food, shelter and clothing. Today, the traditional role of fathers is changing. Dads are becoming more actively involved with the day-to-day care of their children.

Still, sometimes dads don't feel comfortable participating in family literacy activities. They may feel that they will be the only father there or that they won't enjoy the activities. Make a special effort to invite fathers to your event and tell them what you will be doing. The *Dad and Me Family Book* may be a good way to encourage dads to participate in their children's literacy development.

Homemade Book Ideas

Padded Binder

What you need:

- Binders
- Material
- Glue guns
- Scissors
- Cardboard
- Batting

Directions:

- 1. Cut out material about 2 inches larger on each side than the binder when it is opened up.
- 2. Cut 2 pieces of cardboard the size of the closed binder.
- 3. Cut out 2 pieces of material about 1 inch larger than the size of the cardboard.
- 4. Cut out batting the same size as the binder when it is open.
- 5. Place the larger material on a table. Centre the batting on the material and put the binder on the batting.
- 6. Glue the material to the inside of the binder with a glue gun. You have to glue the material one side at a time.
- 7. Put the other pieces of material on a table. Put the cardboard pieces on top of the material and glue the material around the cardboard edges.
- 8. Glue the material covered cardboard to the inside of the binder. Be sure to cover up the edges of the material. You are done!







Celebrate Family Literacy in the NWT

Bound Book

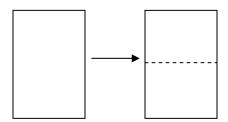
To make a simple bound book, similar to a hardcover book, all you need is a few supplies.

What you need:

- ✓ 8 pieces of 8 ½ X 11 inch paper
- ✓ Ruler
- ✓ Pen
- ✓ Sharp craft knife
- ✓ Adhesive shelf paper
- ✓ Cardboard
- ✓ Packaging tape
- ✓ Button thread or other thick thread
- ✓ Large needle
- ✓ Rubber Cement or glue

Directions:

1. Take 8 pieces of 8 $\frac{1}{2}$ x 11 inch paper and fold the paper in half to form a 16-page booklet measuring 8 $\frac{1}{2}$ x 5 $\frac{1}{2}$ inches.



- 2. Thread your needle with about 24 inches of heavy thread.
- 3. Begin at one end of the booklet's centre crease sew large stitches about 1 inch apart. Leave a 2 inch 'tail' hanging from the first needle hole. When you reach the end of the crease, turn the booklet over. Now sew back, bringing the needle through the same holes on the other side of the book. Tie the two ends of your thread together on the outside of your booklet when you finish stitching the pages together. Trim the ends.



Celebrate Family Literacy in the NWT

Foam Book

What you need:

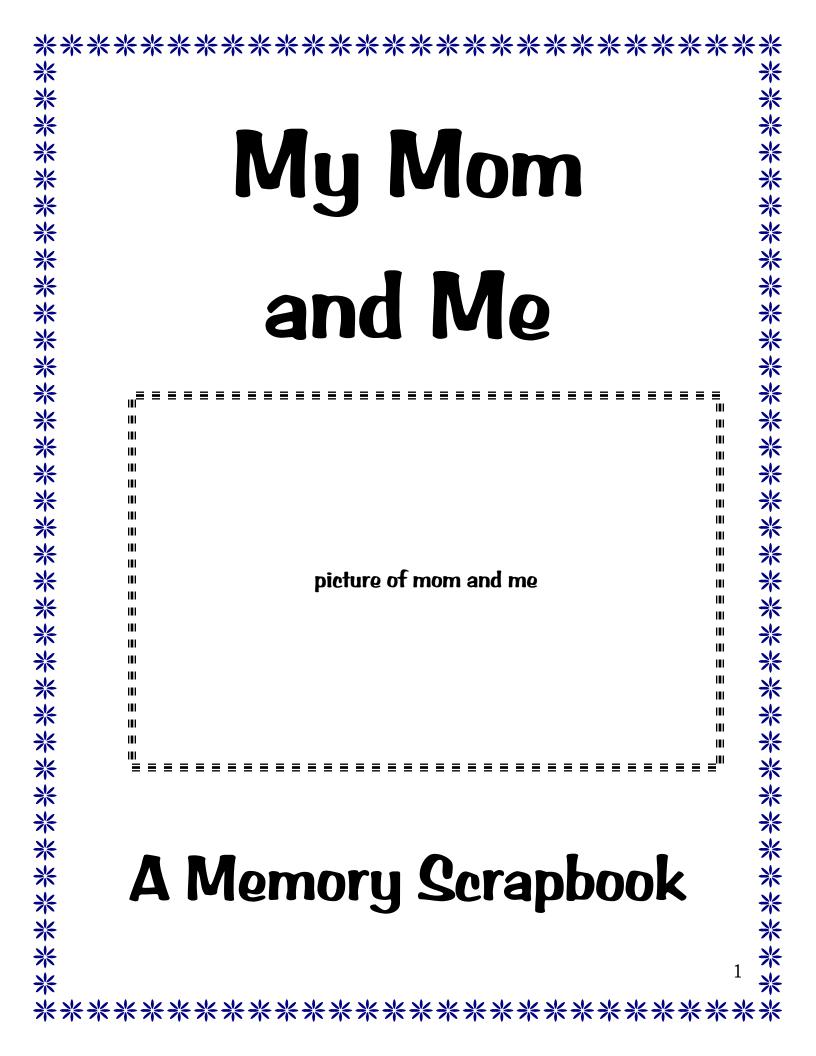
- ✓ White computer paper or cardstock
- ✓ Fasteners
- ✓ Single hole punch
- ✓ Markers, pencils
- ✓ Foam
- ✓ Ruler
- ✓ Glue gun

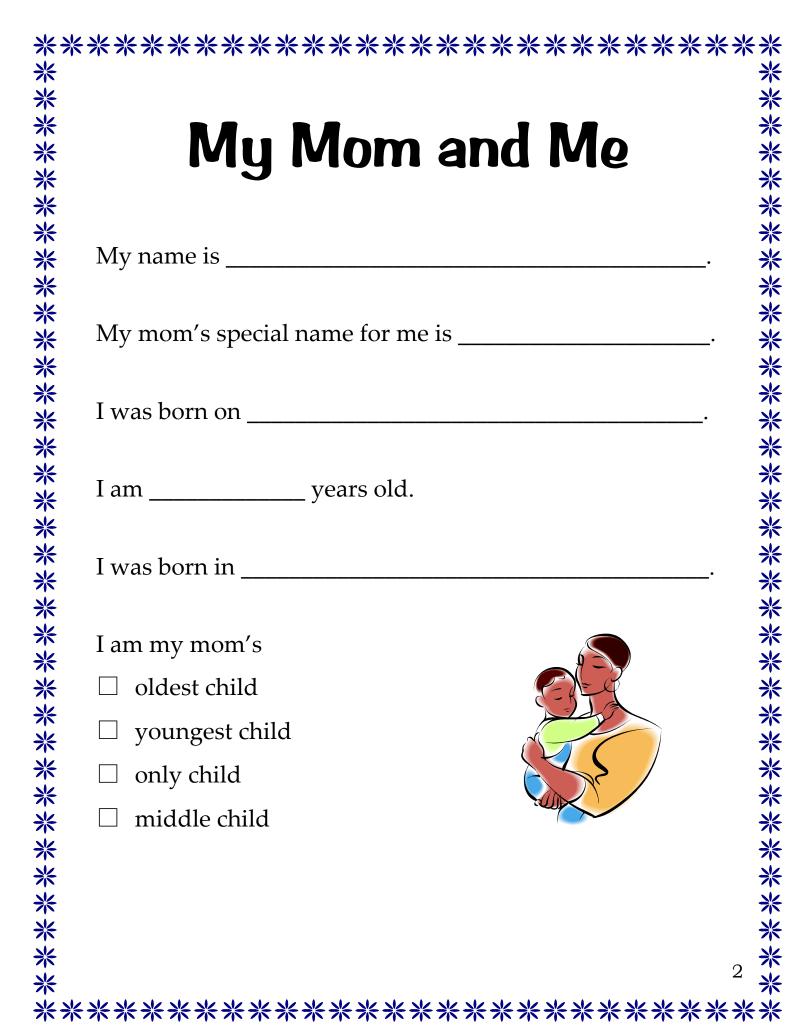


Directions:

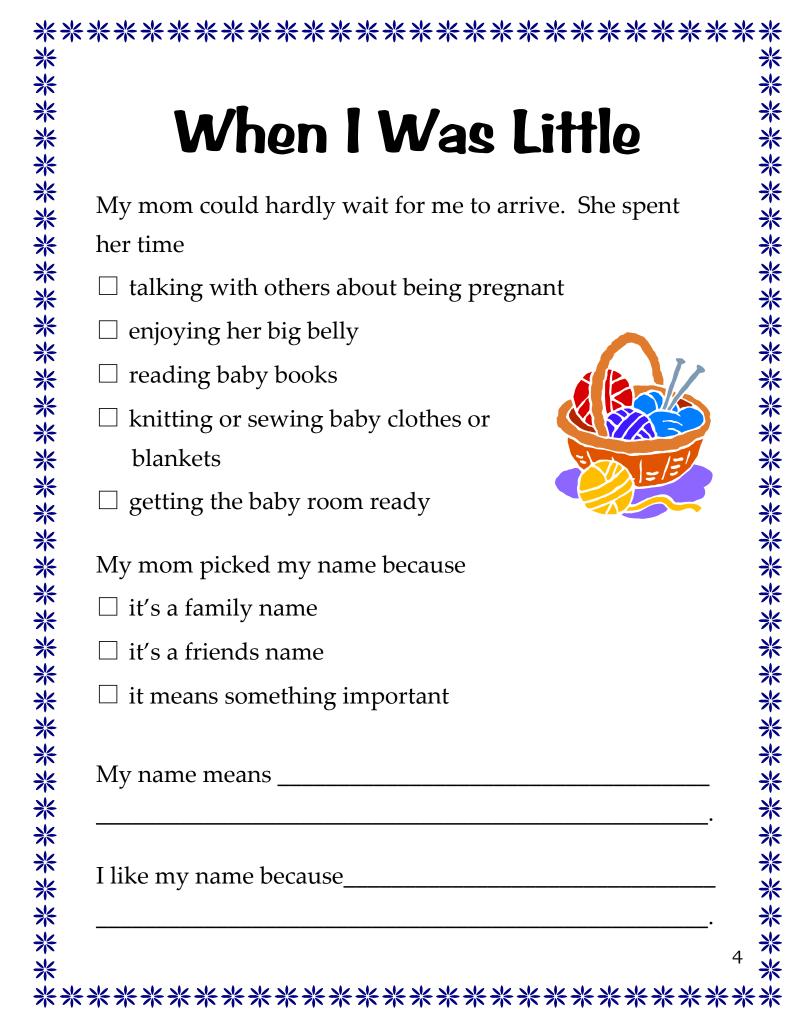
- 1. Cut the paper and the foam. Make the foam a little bigger than the paper. You can use any size of paper and foam.
- 2. Make two holes with a single hole puncher in the foam and in the paper. Make sure the holes match up.
- 3. Fasten the foam and the paper together with the fastener.
- 4. Cut a foam strip for the 'spine' of the book.
- 5. Fold the foam strip over the spine and glue it on. You can use regular glue, but you will need to put something heavy on it for at least 10 minutes for it to hold.
- 6. Decorate the front of your book with stickers or pictures.

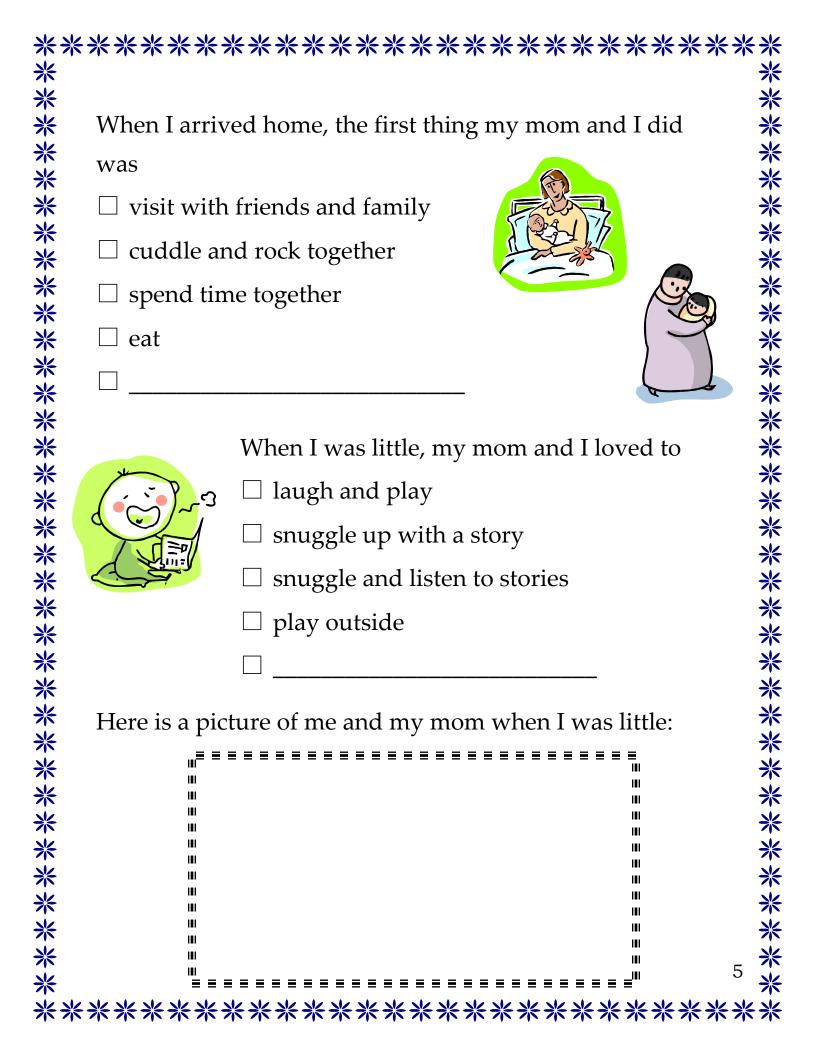
Create a family photo book, a storybook, a journal, an ABC book, or anything else you can think of...





My mom's name is My special name for my mom is My mom was born on	
My mom was born on	
Sho is wears old	
She is years old.	
She was born in	
n her family, my mom is the	
□ oldest child	
□ youngest child	
□ only child	
□ middle child	
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*		Here are the names of our pets:
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* *	My mom and I love being at home together. Here is what **
* *	we like to do the most (circle the picture):
*************	My mom and I love being at home together. Here is what we like to do the most (circle the picture): ** ** ** I help my mom around the house. Some of the chores I do are: ** ** ** ** ** ** ** ** **
****	** ** ** ** ** **
***	I help my mom around the house. Some of the chores I do ** are:
*	\Box the dishes \Box cleaning up my room $*$
* *	\Box sweeping the floor \Box feeding the dogs $*$
* * *	□ shovelling the walkway □ **
※	My favourite chore is **
**	My least favourite chore is
*********	Sweeping the floor ☐ feeding the dogs Shovelling the walkway ☐ ** My favourite chore is ** My least favourite chore is ** I love being with mom because ** ** ** ** ** ** ** ** **
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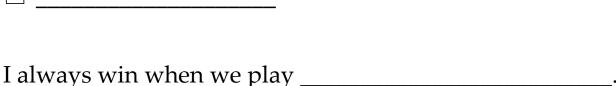
Things We Do Together

Our favourite activity is

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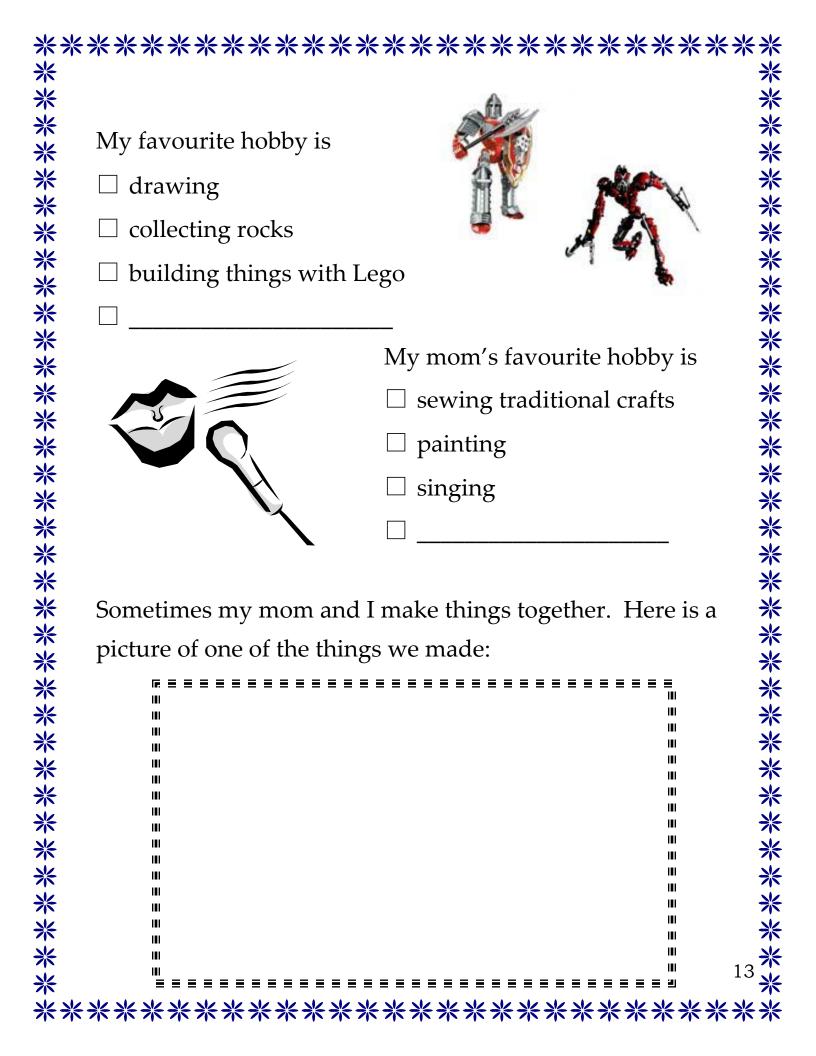
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- \square playing cards together
- ☐ talking about our day
- \square going out on the land
- \square playing board games
- \square reading books together



My mom always wins when we play _

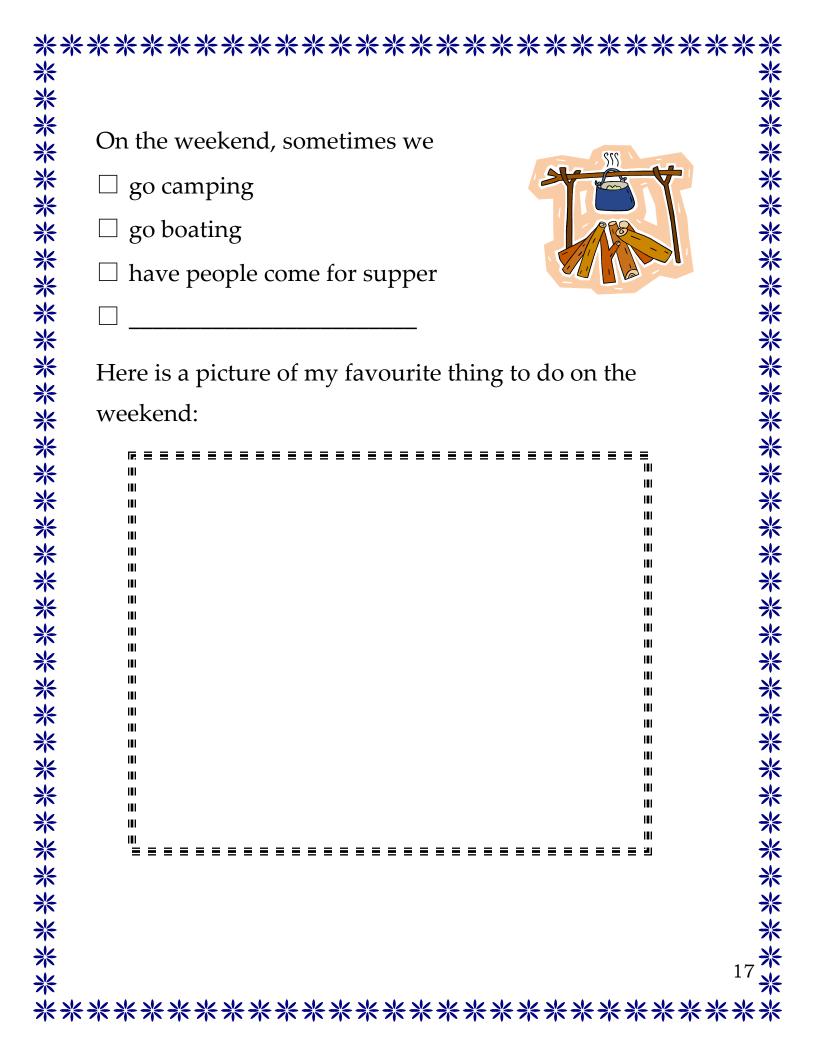




Sen	ool Days
am in grade	·
When I go to school, m	y mom
☐ makes me lunch	Fried C
☐ walks me to school	
\square helps me with my h	omework
\square asks me about my d	
Ma	My mom feels proud when I
	\square read to her
35	\square sing to her
	☐ bring my report card home
ET.	☐ speak my language
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My tavourite subject is	·

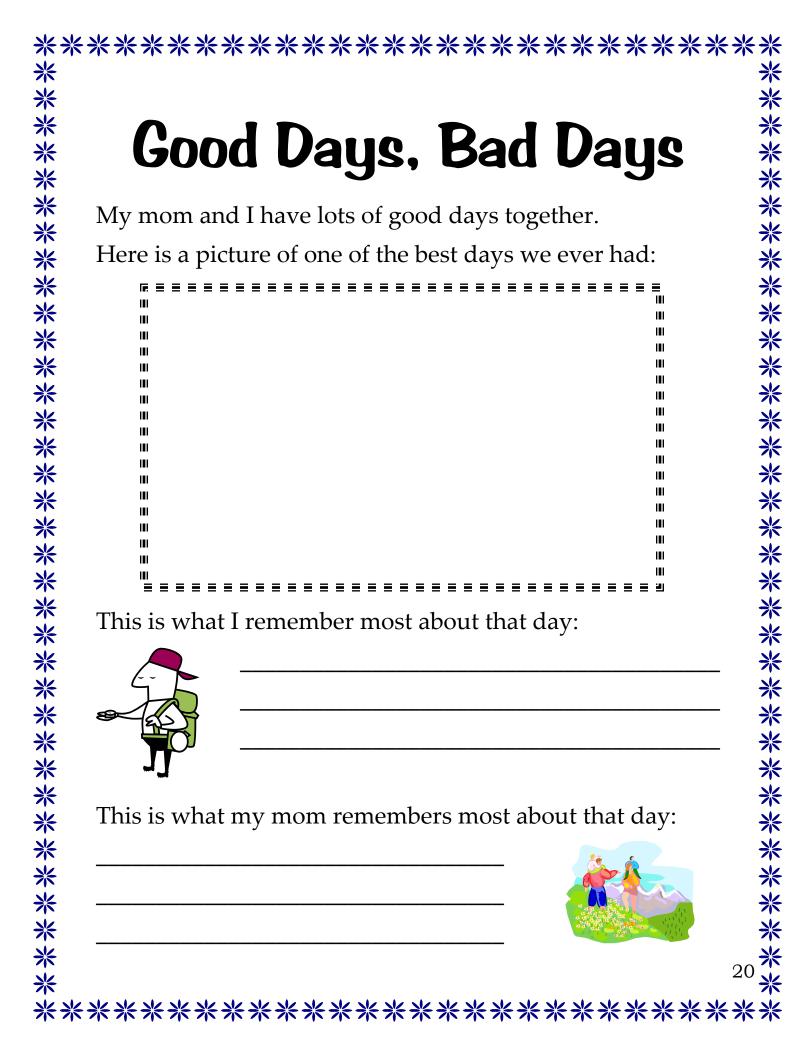
My mom comes	to my school
\Box to visit my cl	assroom
☐ for family fu	n nights
☐ to watch the	Christmas concert
	My mom says it was different when
	she went to school because
	☐ there were no computers
	<u> </u>
	☐ the teachers were really strict
	□ she had to leave home to go to school □
My mom hangs	things up that I made at school on the
☐ refrigerator	
\square wall	
☐ bulletin boar	d
	
I like school bec	ause

I love the weekend be	cause
On Friday nights we ι	usually
□ watch a movie	
\square have a special mea	1
☐ visit with friends	
	On Saturday morning I
	\square watch cartoons
	☐ play outside
	\square have pancakes

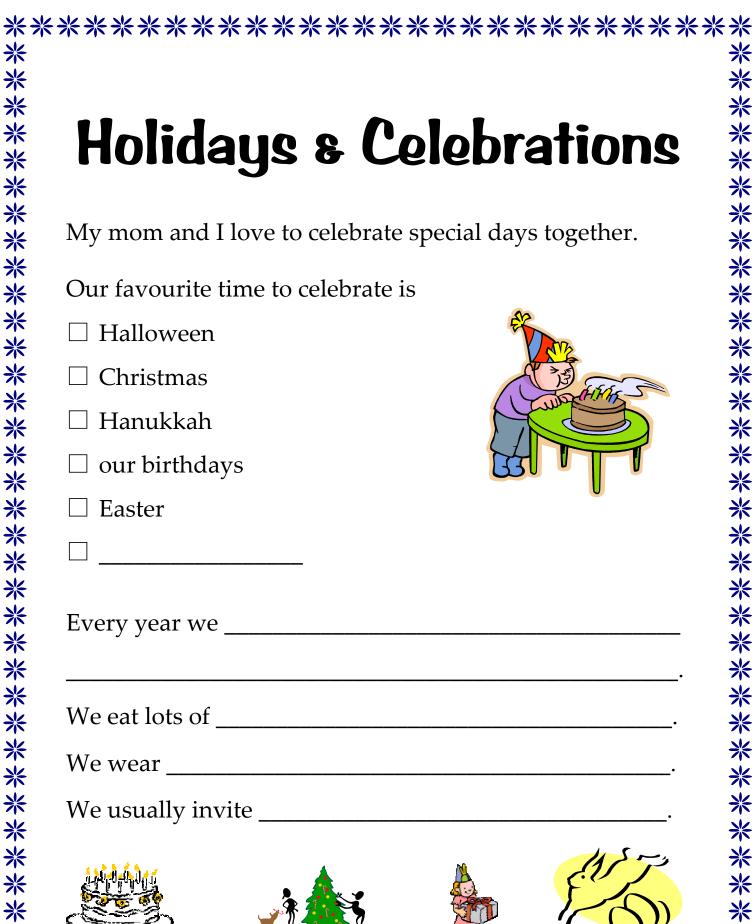


t	3edtime
I go to bed at	on school nights.
I go to bed at	on weekend nights.
When it's time for be	d, my mom and I
□ read a story	
\square have a snack	
☐ tell stories	
P	Sometimes I get scared about
	\square monsters under my bed
	\square noises in the night
	\square shadows in my room
When Lam scared, m	y mom
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"Can I stay up later?" "I love you." "Goodnight." "The last thing my mom says to me is "Sleep tight, don't let the bed bugs bite." "Sweet dreams." "I love you." "" In the morning my mom wakes me up makes me breakfast reminds me to take my homework to school	Each night the la	st thing I say to my mom is
The last thing my mom says to me is "Sleep tight, don't let the bed bugs bite." "Sweet dreams." "I love you." "" In the morning my mom wakes me up makes me breakfast	☐ "Can I stay up	p later?"
The last thing my mom says to me is "Sleep tight, don't let the bed bugs bite." "Sweet dreams." "I love you." "" In the morning my mom wakes me up makes me breakfast	□ "I love you."	
The last thing my mom says to me is "Sleep tight, don't let the bed bugs bite." "Sweet dreams." "I love you." "" "" In the morning my mom wakes me up makes me breakfast	□ "Goodnight."	
□ "Sleep tight, don't let the bed bugs bite." □ "Sweet dreams." □ "I love you." □ " □ " □ makes me up □ makes me breakfast	_	
□ "Sleep tight, don't let the bed bugs bite." □ "Sweet dreams." □ "I love you." □ " □ " □ makes me up □ makes me breakfast		
bite." "Sweet dreams." "I love you." "		The last thing my mom says to me is
☐ "Sweet dreams." ☐ "I love you." ☐ " ☐ " ☐ n the morning my mom ☐ wakes me up ☐ makes me breakfast		\square "Sleep tight, don't let the bed bugs
□ "I love you." □ " In the morning my mom □ wakes me up □ makes me breakfast		bite."
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□ makes me breakfast		
	1	
reminds me to take my homework to school	⊔ makes me bre	aktast
	\square reminds me to	take my homework to school



Sometimes I hav	e bad days. On bad days, my mom
☐ tickles me	
□ hugs me	
\square spends time v	vith me
☐ reads to me	
	To cheer up my mom on her bad day, I
8	☐ hug her
A PROPERTY OF THE PARTY OF THE	\square try and be extra good
	\square make her a snack
When I feel sick,	my mom
\square stays home fr	om work
☐ sits with me	
☐ reads to me	
\square brings me me	dicine
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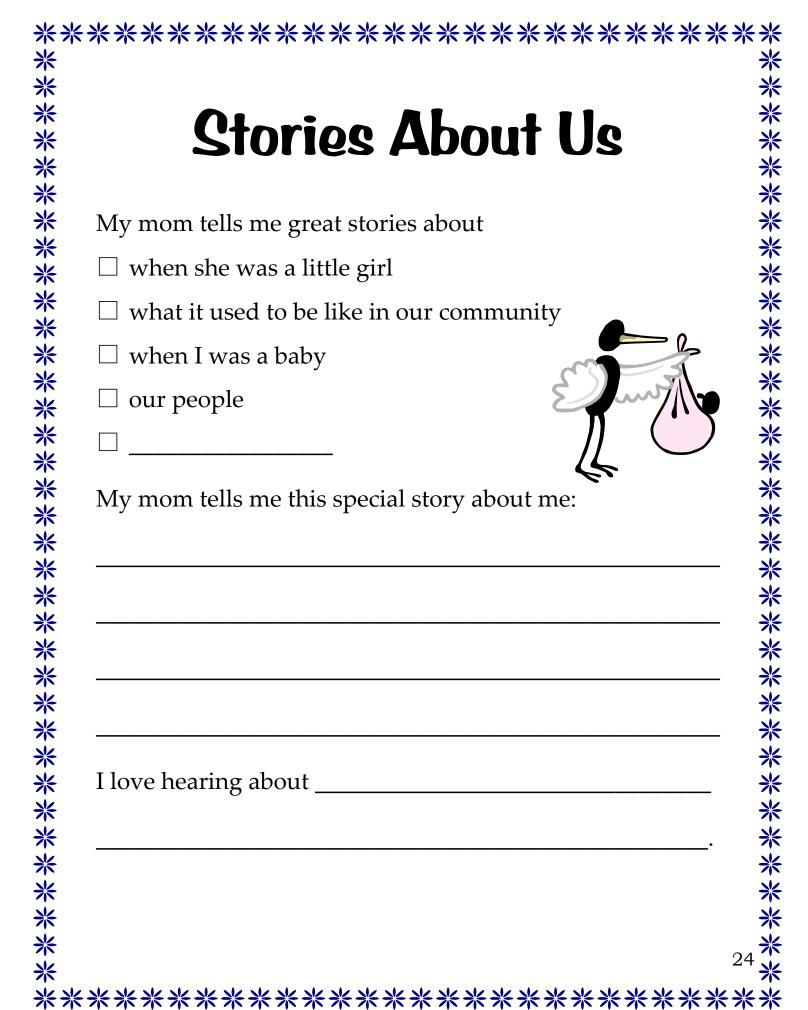




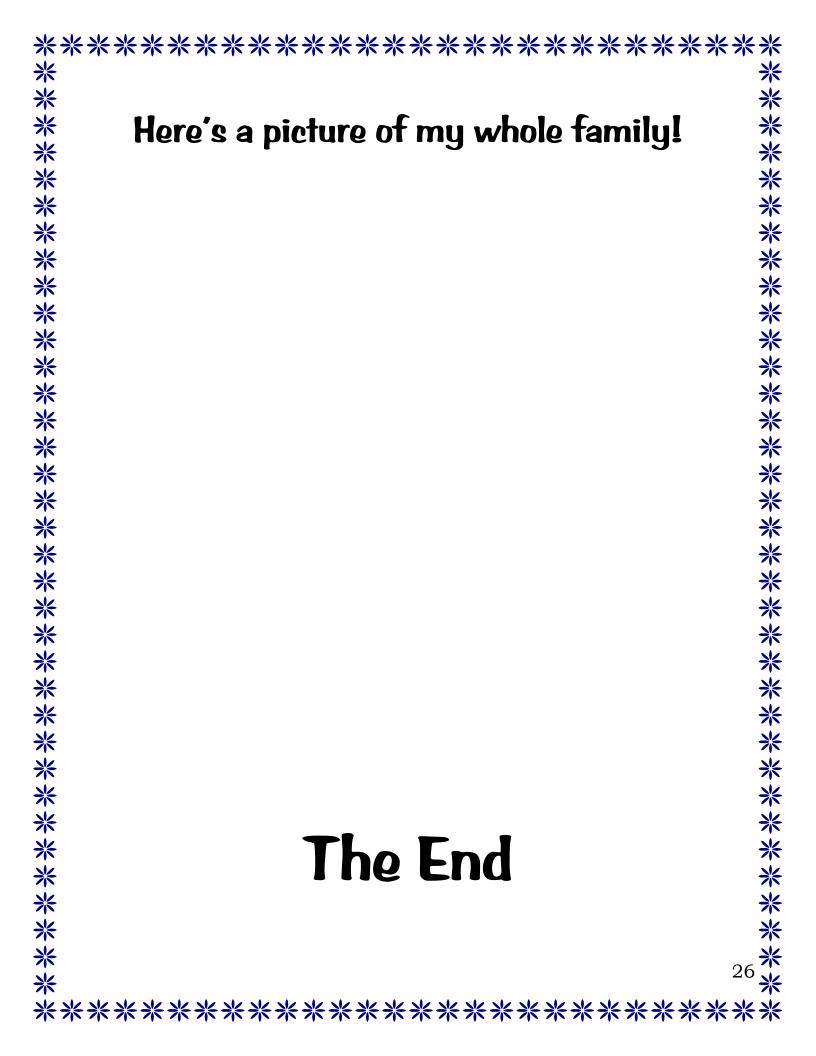
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※ ★ [☐ make mom breakfa	ast	ly ** **
☆ ※ ┌	☐ help make dinner		※
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*		Mom always	*
淡 ※		□ says thank you	* *
※		☐ appreciates me	*
*		☐ is really happy on Mother's	Day **
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l tell my mo	m stories, too. My stories are about
□ school	
☐ my friend	ds
\square my adve	ntures
have storie	es about my mom too. Here is one of them:
	Hearing stories about my family makes me
	☐ feel happy
	☐ feel happy ☐ feel proud
	☐ feel happy
	☐ feel happy ☐ feel proud
	☐ feel happy☐ feel proud☐ understand my culture



My Dad and Me

Ш Ш Ш Ш Ш Ш Ш Ш Ш Ш Ш picture of dad and me Ш Ш Ш Ш Ш Ш Ш Ш Ш Ш

A Memory Scrapbook

My Dad and Me

My name is _______.

My dad's special name for me is ______.

I was born on ______.

I am ______ years old.

I was born in ______.

I am my dad's

- ☐ oldest child
- □ youngest child
- \Box only child
- ☐ middle child



\$) \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	***
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	My dad's name is	·
Ĉ; Ĉ;	My special name for my dad is	·
	My dad was born on	·
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	He is years old.	
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		•
	In his family, my dad is the	
Ş; Ş;	□ oldest child	m , A m
(i) (i)	☐ youngest child	To 3
(i) (i)	□ only child	773
	☐ middle child	
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When I Was Little

My dad could hardly wait for me to arrive. He spent his time

- \Box talking to other dads
- \square making things for me
- \square getting my room ready
- \square wondering what I would be like





My dad picked my name because

- \Box it's a family name
- \square it's a friends name
- \Box it means something important

My name means _____

------•

I like my name because_____

When I arrived home, the first thing n	ny dad and I did v
\square visit with friends and family	
\square cuddle and rock together	
\square spend time together	
When I was little, my dad and I loved	to
\square laugh and play	
\square share stories and books together	
□ play games like peek-a-boo	
□ play outside	
Here is a picture of me and my dad w	hen I was little
	======
III III	III III
I∎I	III III
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 	III III III III
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	III III III III III III

		My	Far	nily	
Here	are the na	mes of my	y sisters a	and broth	ners:
- - Here	are the na	mes of my	y aunts a	nd uncle	s:
- - -					
- - -				,	

Here are the nan	nes of my grandparents:
Tiere are the han	nes of my grandparents.
	Was a second and the
	Hana are the names of our note.
	Here are the names of our pets:
Here is a picture	e of my family:
Here is a picture	e of my family:
Here is a picture	======================================
	=======================================

At Home

Our home is

\square an apartment	\Box in a small community
------------------------	-----------------------------

 \square a house \square by the water

 \square a cabin \square in the city

Our home is

Ш

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 \square messy \square noisy

 \Box tidy \Box _____

Draw a picture of your home:

Ш

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My dad and I love being at home together. Here is what we like to do the most (circle the picture):

















I help my dad around the house. Some of the chores I do are:

 \square the dishes

☐ cleaning up my room

□ sweep

- \square feed the dogs
- \square shovel the walkway

My favourite chore is ______.

My least favourite chore is ______.

I love being with dad because _____

Our Favourite Things

Favourite Things	My List	My Dad's List
Clothes		
TV show		·
Movie		
Hobby		
Song		
Story		
Book		
Sport		
Past time		
Movie star		











Favourite Things	My List	My Mom's List
Colour		
Time of day		
Month		
Holiday		
Season		
Animal		_
Weather		
Breakfast		
Lunch		
Supper		
Snack		









Things We Do Together

Our favourite activity is

- \square playing cards together
- ☐ talking about our day
- \square going out on the land
- \square playing board games
- \square reading books together



I always win when we play ______.

My dad always wins when we play ______



My favourite hobby is	
☐ drawing	
\square collecting rocks	
\Box building things with	Lego
	My dad's favourite hobby is
	☐ making things
	☐ running dogs
	\square carving
Sometimes my dad and	I make things together. Here is a
picture of one of the thir	ngs we made:
III III	III III
III III III III	III
III III III III III	
III III III III III III	
III III III III III	

School Days

I am in grade_____ When I go to school, my dad makes me lunch walks me to school \square helps me with my homework \square asks me about my day My dad feels proud when I read to him \Box sing to him bring my report card home ☐ speak my language

My favourite subject is _____

My dad comes	to my school
☐ to visit my	classroom
☐ for family f	un nights
☐ to watch the	e Christmas concert
	My dad says it was different when
	he went to school because
	☐ there were no computers
West 1	☐ the teachers were really strict
	\Box he had to leave home to go to so
	things up that I made at school on the
☐ refrigerator	
\square wall	
☐ bulletin boa	ard
I like school be	ecause

Weekend Days

I love the weel	kend because	

On Friday nights we usually

- \square watch a movie
- \Box have a special meal
- □ visit with friends





On Saturday morning I

- \square watch cartoons
- \square play outside
- \square have pancakes

On Saturday morning my dad usually _____

	tage age age age age age age age age age	
	On the weekend, sometimes we	
	☐ go camping	
	☐ go boating	1
	☐ have people come for supper	
	Here is a picture of my favourite thing to do on the	
	weekend:	
	III	
97	 	
57		
	Ⅲ :	
	III	
9		

Bedtime

I go to bed at	on school nights.
I go to bed at	on weekend nights.
When it's time for bed, my	dad and I
□ read a story	
\square have a snack	
\square tell stories	
P	Sometimes I get scared about
	\square monsters under my bed
	\square noises in the night
	\square shadows in my room
When I am scared, my dad	·

Each night the la	st thing I say to	my dad is
☐ "Can I stay u _]	p later?"	
☐ "I love you."		
☐ "Goodnight."	,	
	The last thing	my dad says to me is
	☐ "Sleep tigh	t, don't let the bed bugs
	bite."	
	☐ "Sweet dre	ams."
	☐ "I love you	."
In the morning n	ny dad	
□ wakes me up		
☐ makes me bre	eakfast	
☐ reminds me to	o take my home	work to school
	Ž	

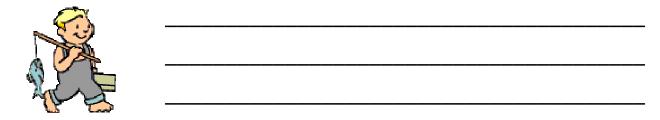
Good Days, Bad Days

My dad and I have lots of good days together.

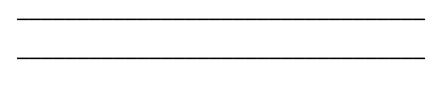
Here is a picture of one of the best days we ever had:



This is what I remember most about that day:



This is what my dad remembers most about that day:





Sometimes I have bad days. On bad days, my dad tickles me hugs me spends time with me reads to me
To cheer up my dad on his bad day, I hug him try and be extra good make him a snack
When I feel sick, my dad
☐ stays home from work
☐ sits with me
□ reads to me
☐ brings me medicine

Holidays & Celebrations

My dad and I love to celebrate special days together.

Our favourite time to celebrate is

- ☐ Halloween
- ☐ Christmas
- ☐ Hanukkah
- ☐ our birthdays
- ☐ Easter



We eat lots of ______.

We wear ______.

We usually invite ______.









One special day we	celebrate is Father's Day. I u ast	sually
☐ help make dinner	A . A	
-	VAD	
☐ give dad a card		
	Dad always	
	\square says thank you	
	\square appreciates me	
	☐ is really happy on Fath	er's Da
Here is a picture of i	ny dad:	
 10 101		III III
 III III		III III
III		III III
III III		III
III III		
III		
III 		III
III		III

Stories About Us

My dad tells me great stories about
\square when he was a little boy
\square what it used to be like in our community
☐ when I was a baby
□ our people
My dad tells me this special story about me:
I love hearing about

_	stories, too. M	y stories are	e about
□ school			O CU
☐ my friend	S		
□ my adven	itures		
T1 , .	1 , 1 1		C 11
i nave stories	s about my dad	too. Here i	s one of them.
Hearing stori	ies about my fa	mily makes	me
Hearing stori □ feel happy	ies about my fa	mily makes	me
C	у	mily makes	me
☐ feel happy	y d	mily makes	me
☐ feel happy☐ feel proud☐ understan	у	·	me

Here's a picture of my whole family!

The End