



# Turnagain Ptarmigan! Where Did You Go?

By James Guenther



## What You Will Need for This Session

- A copy of *Turnagain Ptarmigan* for each family in the program
- A journal for parents
- Copies of *Mother Raven Nursery Rhymes* (can be ordered from the NWT Literacy Council)
- Copies of *Rhymes/Songs Bingo* handout
- Copies of the *Language Development* handout
- Copies of the *Activities to Do at Home with Your Children* handout
- Copies of the *Literacy Action Plan* handout
- Craft materials—crayons, glue, scissors, paper, etc.
- Activities in this kit
  - Quick Facts about Ptarmigans
  - Ptarmigan Word Fun
  - Which goes with what season?
  - Turnagain Ptarmigan Word Search
  - Seasonal Clothing
  - Rhyming Cards



## Session Overview

### 1. Introductions

- Review the group agreements
- Warm-up Activity — Rhymes/Songs Bingo

### 2. Group Discussion

- Review what happened during the week:
  - What literacy activities did parents do at home with their children?
  - What worked well? Did anything not go well?
  - Did they follow the Literacy Action Plan?
- Talk about the adult discussion topic – Language Development.

### 3. *Turnagain Ptarmigan! Where Did You Go?* by James Guenther

1. Introduce the book.
  2. Read the book together. Ask for volunteers to read parts of the story.
  3. Discuss the story. Think of activities related to the book that families can do at home.
  4. Hand out the activity sheets. Go over them and make sure that parents understand the activities.
- Make an activity related to the story that families can use at home.

### 4. Adult Writing

- Fill in the Literacy Action Plan for the next week.
- Have parents write down one thing they learned this week in their journals. If they feel comfortable, they can share with the group.



- *Northern Writes* and *More Northern Writes* are good sources for other adult writing activities. They are available for download at [www.nwt.literacy.ca](http://www.nwt.literacy.ca) or in paper form from the NWT Literacy Council.

## 5. Story/Activity Time

- Have the children come back from their reading circle to read with their parents.
- Read a different book together.
- Sing some songs or learn some new rhymes and poems from this kit.

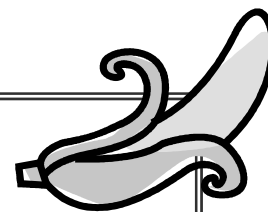
## 6. Snack Time

- Serve a healthy snack.
- Leave a bit of time for parents and children to socialize.

### **Snack of the Week – Banana Pops**

5 peeled bananas cut in half,  
5 T. brown sugar and 1 1/4 t. cinnamon,  
or  
5T. honey and 2 1/2 T. granola

Roll each banana half in either the brown sugar and cinnamon mixture or the honey and granola mixture. Wrap each half in foil and freeze. Serves 10. You will most likely have to double the recipe.





### Warm-Up Activity – Rhymes/Songs Bingo

Come up with 16 different rhymes or songs that you know and write them **randomly** on the next sheet.

After the game, have parents share some of the rhymes and songs with the group. Do they know any rhymes or songs in their Aboriginal language?





## Rhymes/Songs Bingo



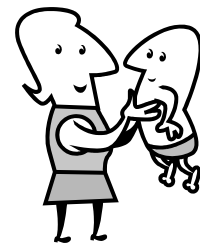

## Adult Discussion Topic – Language Development

Children learn language by hearing it. It is important to talk to your babies or young children about the things around them. Talk to them when you are changing their diapers, going for a walk, eating dinner, grocery shopping etc.



You can also start saying simple rhymes to your baby and young children. As your children grow they will be able to understand the rhymes and then eventually say them with you.

You can also sing to your baby and young children. The rhythm of songs really helps children learn the language. Think of how easy it is to sing a song in a different language.



Tell stories to your children. They love to hear about how they were born and also about your childhood. This is a wonderful way to pass on traditions and culture.



## Language Development Activities to Do with Your Children

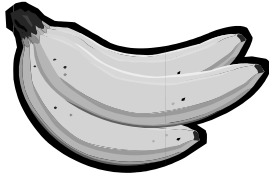
- Play games with your young children. Ask questions like: “Where is your nose?” and “Where are your toes?” and “Where is your bellybutton?”
- During necessary routines like baths, reading, and eating, be sure to make time to talk with children or sing or say rhymes.
- Songs, rhyming games, language play, and nursery rhymes are excellent ways to spark children's curiosity about language. For example:



Teddy bear, Teddy bear, turn around.  
Teddy bear, Teddy bear, touch the ground.  
Teddy bear, Teddy bear, show your shoe.  
Teddy bear, Teddy bear, that will do.  
Teddy bear, Teddy bear, brush your hair.  
Teddy bear, Teddy bear, climb the stair.  
Teddy bear, Teddy bear, reach for the sky.  
Teddy bear, Teddy bear, wave goodbye.



- Tell children some of your own stories about when you were a child, or about your own parents or grandparents. Encourage children to tell about special events, like holidays or trips. Use photo albums to remember and prompt these kinds of stories.
- Make up your own games with rhyming words, silly sounds, and chants, like this one:



## Apples and Bananas

(All ages)



I like to eat eat eat apples and bananas.

I like to eat eat eat apples and bananas.

I like to ate ate ate aypuls and baynaynays.

I like to ate ate ate aypuls and baynaynays.

I like to eet eet eet eeples and beeneenees.

I like to eet eet eet eeples and beeneenees.

I like to ote ote ote opples and bononos.

I like to ote ote ote opples and bononos.

I like to ute ute ute upples and bununus.

I like to ute ute ute upples and bununus.

**This is a silly song that children love!**





## Literacy Action Plan

### Monday

Read for 15 minutes with your child.

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### Tuesday

Read for 15 minutes with your child.

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### Wednesday

Read for 15 minutes with your child.

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### Thursday

Read for 15 minutes with your child.

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### Friday

Read for 15 minutes with your child.

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### Saturday

Read for 15 minutes with your child.

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### Sunday

Read for 15 minutes with your child.

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## About the Author

*Turnagain Ptarmigan* is the only book that James Guenther wrote. It is a lovely book that introduces the idea of camouflage to toddlers.

Did you know that the ptarmigan is Alaska's state bird? The ptarmigan is a bird resembling a chicken that inhabits the tundra and alpine regions of the northern part of the world. Ptarmigans are a hardy bird, spending the winters in these areas despite the harsh weather conditions. A member of the grouse family of birds, ptarmigans spend most of their time on the ground.



## Quick Facts About Ptarmigans

(Ages 3 and up)

**Ptarmigans** are common birds. They are a major food source for predators like the gyrfalcon and, the winter visitor, the snowy owl. Sometimes people will also hunt them.

The photo shows a male in late spring. During winter they are all white except for a black tail end and black eye line. During the summer they have reddish-grey top parts. They are also ground birds, which can be found in bushes and scrubs.

Ptarmigan feed on berries, buds, germinating seeds and insects when available.





## Which Season?

(Ages 3 and up)

Cut out the four squares on the following page that represent the different seasons. Talk about the pictures and why they represent each season. Laminate each card with packing tape. Give the cards to your children. Now say different items and ask your child or children to flash the right season. For example you may say:



- What season can you go swimming in the lake?
- What season does it rain a lot?
- What season is Christmas in?
- When do the leaves fall off the trees?
- What season is June in?

A variation of this game is for older children is to match words to the season. Cut out the words below and match them to the correct season. Make up your own words.

**For example:**

swimming

snowballs

skidoos

rain

school starts

cold

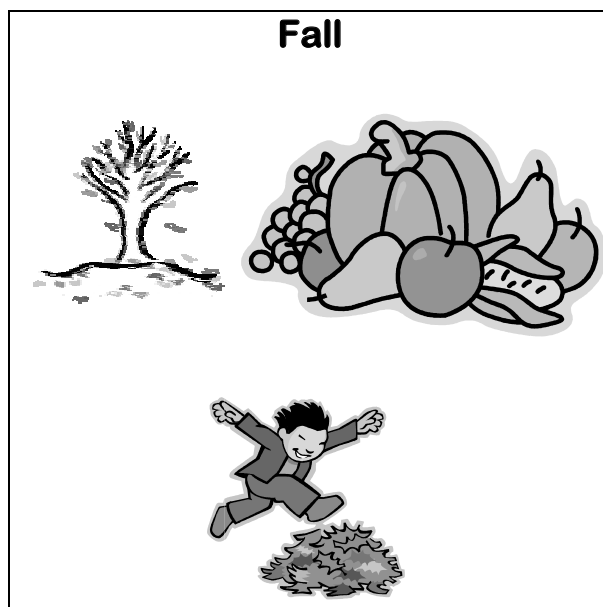
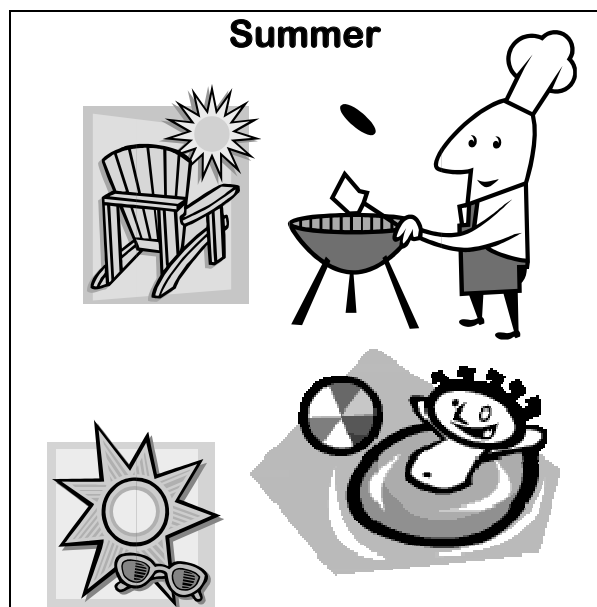
warm days

mosquitoes

flowers



## Seasons



(Ages 3 and up)

[illegible]



## Rhyming Words

(Ages 8 and up)

Draw a line between the words that rhyme.

go

tree

be

lay

play

you

alone

peeping

sleeping

snow

snow

shy

meeting

glow

sky

eating

too

shown

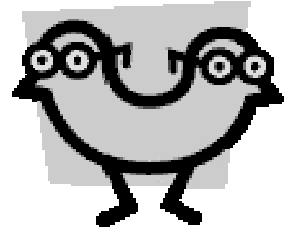
Read the book again to check your answers.



## Ptarmigan Word Fun

(Ages 8 and up)

How many words can you find in the word **Ptarmigan**? You can use the letters in any order.



**Example:** man, part, mart, etc

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**Turnagain Ptarmigan Word Search**

(Ages 8 and up)

Find all the words below in the word search. The words can be found across, down and diagonally.

a	w	u	s	e	i	b	a	b	t	y	p	c	g	e
h	l	c	d	k	c	h	d	z	u	b	t	e	z	g
p	i	h	s	t	r	u	o	c	r	z	s	k	y	a
d	n	e	i	r	f	r	o	n	n	i	m	n	f	l
d	a	n	c	i	n	g	c	r	a	d	w	i	d	f
s	r	e	m	m	u	s	o	e	g	r	z	n	d	u
u	e	r	h	m	a	m	n	h	a	b	i	u	x	o
c	t	i	e	j	f	g	j	t	i	w	o	x	a	m
a	a	o	r	t	b	a	u	r	n	a	p	d	t	a
l	m	w	l	r	n	b	y	o	s	b	c	f	q	c
d	l	i	h	c	e	i	z	n	t	c	i	l	t	y
s	e	a	s	o	n	b	w	l	h	l	g	r	l	y
g	n	i	r	p	s	i	r	e	g	a	u	l	d	m
p	t	a	r	m	i	g	a	n	i	z	i	g	a	e
s	r	e	h	t	a	e	f	s	l	s	g	a	m	e

babies  
camouflage  
dancing  
game  
ptarmigan  
sky  
turnagain

berries  
child  
feathers  
lights  
season  
spring  
wind

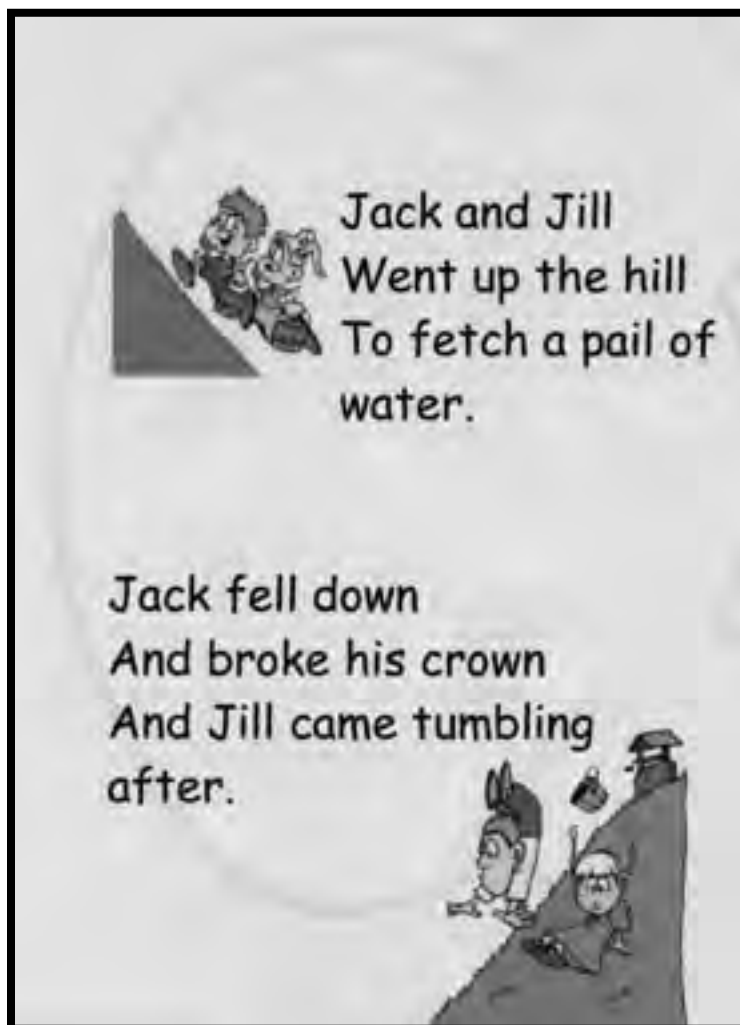
bird  
courtship  
friend  
northern  
silly  
summer  
winter



## Rhyming Cards

(All ages)

Cut out the following rhyming cards and laminate them with packing tape. You may want to colour them also. Use these cards with your children. You can read them together and learn the rhymes. Practice the rhymes each day. This will help your children with their language development. Make up your own rhymes in your own language!





Star bright,  
Star light,  
First Star  
I see tonight.



I wish I may,  
I wish I might,  
Have the wish  
I wish tonight.

Jack and Jill chopped through the ice<sup>30</sup>

To fetch a pail of water.

The ice was thin

And Jack fell in

And Jill came sliding after.



Then up they popped  
And home they hopped  
Before their bodies froze.

Jack caught a chill

And got quite ill

And Jill lost all her toes.



<sup>30</sup> From *Mother Raven's Nursery Rhymes* by Peter Redvers



## Northern Rhymes

(All ages)



### Five Little Snowflakes

Five little snowflakes  
Flying by my door  
One blew away  
And then there were four.



Four little snowflakes  
Falling down on me  
One blew away  
And then there were three.

Three little snowflakes  
Falling down on you  
One blew away  
And then there were two.

Two little snowflakes  
Having lots of fun  
One blew away  
And then there was one.

One little snowflake  
Sitting in the sun  
It melted away  
And then there were none.



## I'm a Little Snowman

Sing this song to the tune of *I'm a Little Teapot*.

I'm a little snowman  
short and fat,  
Here is my scarf  
and here is my hat.  
Lumps of coal for eyes  
and a carrot nose,  
And I'm all ready  
when the cold wind blows!





## Bugs



Bugs, bugs, go away  
Don't come back again this way  
Summer's here, we want to play.



## The Strangest Sight I Have Ever Seen

The strangest sight I have ever seen  
Is a little old lady on a snow machine.



She wears a pink scarf and big fur mitts  
And a bright green parka that doesn't quite fit.

She skids over ice and sinks in the snow  
She drives very fast—she never goes slow!

She wears caribou mukluks and a blue knit hat  
She isn't very tall, but she sure is fat!

She drives like a wild man, uphill and down  
She drives that skidoo all over town.

The strangest sight I have ever seen  
Is a little old lady on a snow machine.

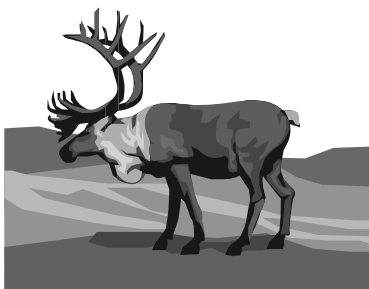


### **This Little Puppy**

This little puppy went uptown.  
This little puppy stayed home.  
This little puppy ate dry fish.  
This little puppy had none.  
And this little puppy said "ruff, ruff, ruff"  
All the way home.



### **One, Two, Caribou**



One, two, caribou  
Three, four, fishing by the shore  
Five, six, fire from sticks  
Seven, eight, bannock we make  
Nine, ten, camping again



## The Mitten in the Snow

The mitten in the snow

The mitten in the snow

Help us please so we won't freeze

The mitten in the snow.

A \* \_\_\_\_\_ squeezes in

A \* \_\_\_\_\_ squeezes in

Help us please so we won't freeze

The mitten in the snow.

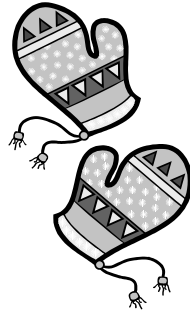


*Use different animals such as: mouse, squirrel, raccoon, beaver, rabbit, and bear*





### Putting On Mittens



Thumbs in the thumb place  
Fingers all together  
This is what we say  
In mitten weather.

### Bwaa, Bwaa, Black Moose<sup>31</sup>



Bwaa, bwaa, black moose  
Have you any fat?  
Yes sir, yes sir  
Three packsacks.

One for your grandma,  
One for your aunts  
And one for the skinny boy  
Who falls through his pants.

Bwaa, bwaa, black moose  
Have you any fat?  
Yes sir, yes sir  
Three packsacks.

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<sup>31</sup> From *Mother Raven's Nursery Rhymes* by Peter Redvers





# Kumak's Fish: A Tale of the Far North

By Michael Bania



## What You Will Need for this Session

- Copies of *Kumak's Fish* for each family in the program
- Journals for parents
- Copies of the *Nutrition for Learning* Handout
- Copies of the *Literacy Action Plan* for each parent
- Craft materials—crayons, glue, scissors, paper, etc.
- Activities in this kit:
  - Paper Plate Fish
  - Lunch Bag Fish
  - Paper Plate Aquarium
  - Coffee Filter Fish
  - Memory Game
  - Fish Snacks
  - Fish Stew
  - The Letter F
  - Colour the Fish
  - Fish Bowl Fun!
  - More Fish Bowl Fun!
  - Count and Colour the Fish
  - Lace-up the Fish
  - Fish Songs



## Session Overview

### 1. Introductions

- Review the group agreements.
- Warm-up Activity—Telephone.

### 2. Group Discussion

- Review what happened during the week:
  - What literacy activities did parents do at home with their children?
  - What worked well? Did anything not go well?
  - Did they follow the Literacy Action Plan?
- Talk about the adult discussion topic – Nutrition for Learning.

### 3. *Kumak's Fish* by Michael Bania

- Introduce the book.
- Read the book together. Ask for volunteers to read parts of the story.
- Discuss the story. Think of activities related to the book that families can do at home.
- Hand out the activity sheets. Go over them and make sure that parents understand the activities.
- Make an activity related to the story that families can use at home.

### 4. Adult Writing

- Fill in the Literacy Action Plan for the next week.
- Ask parents to write down one thing they learned this week in their journals. If they feel comfortable, they can share with the group.



- You could also use this time to show parents how to make the foam book, which they could use for a recipe book. They could either each contribute a recipe to each other's books, or make a family recipe book at home with their children.

## 5. Story/Activity Time

- Have the children come back from their reading circle to read with their parents.
- Read a different book together.
- Sing some songs or learn some new rhymes and poems from this kit.

## 6. Snack Time

- Serve a healthy snack.
- Leave a bit of time for parents and children to socialize.



### **Snack of the Week – Fish Stew**

This might be a good time to have a supper event with the families that are attending the program. Make some fish stew or chowder for everyone. Fish stew or chowder is a very healthy and fits perfectly for this week's book - *Kumak's Fish*. All you need is some fish, vegetables and some soup stock! Use the recipe in this kit. Serve with bannock.



### Warm-Up Activity – The Telephone

- Participants should sit or stand in a circle.
- The facilitator quickly whispers a message to one participant. This participant passes the message in a whisper to the next person and so on.
- The last person shouts out the message. Chances are the final message will be different from the original.
- Here is an example of an initial message (note how two different activities are blended into the initial statement, a sure cause for confusion when whispered quickly): “I had rice for dinner and then dressed in blue to go dancing.”





### **Adult Discussion – Nutrition for Learning**

Proper fuel is one of the most important things for young, growing bodies. What kind of fuel? Food of course. And not just any food; wholesome, nutritious food which will give their growing bodies and minds just what they need.

**Here are some tips to help you supply nutrition for learning:**

- Children aged 2-5 years will need 3 meals as well as snacks each day. It is important to offer children small quantities of food several times throughout the day, since children have small stomachs.
- Have meals as a family and sit together at the table. Try not to watch TV or have other distractions.
- Children are ready to try out new foods. The sooner you offer them healthy foods, the easier it will be for them to accept them.
- Advertisers and big companies try to make foods that kids will like by using dyes and shapes. These foods are over processed and often have little nutritional value. Foods you make at home and traditional foods are much better for you.

### **Canada's Food Guide**

- Canada's Food Guide has recommendations for the amounts that children should eat from each of the four food groups.
- There is a special version of the food guide for First Nations, Inuit and Metis, which incorporates serving sizes for traditional foods.



## Eating from the Food Guide

- Try and choose your meals from the four food groups. Breakfast should include at least 3 food groups, lunch and supper all four food groups and snacks at least 2 food groups.

## Ideas for Breakfasts and Snacks

Breakfast, which is commonly referred to as the most important meal of the day, is challenging for many parents. The early morning rush to school and work makes it difficult for families to have a nutritious well balanced meal.

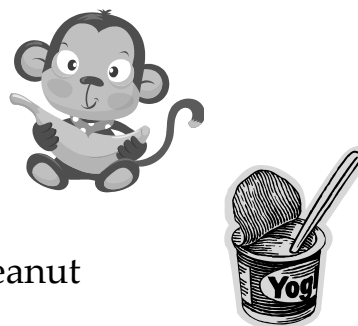
### Here are some ideas to get you started:

- Cereal (low sugar, high fibre) with fruit and milk
- Peanut butter, bannock, glass of milk
- Orange wedges, crackers, cheese
- Brown toast, yogurt, apple
- Oatmeal, canned fruit, milk



### Healthy snack ideas:

- Crackers and cheese
- Banana and yogurt for dipping
- Fruit and homemade muffin
- Bannock and milk
- Ants on a log (celery sticks spread with peanut butter, topped with raisins)
- Carrot sticks with yogurt dip







- Banana Scream (3 bananas – cut in half, width-wise, wrap in plastic wrap and freeze. When frozen, place in blender with 2 Tbsp milk and blend until creamy).

## Brainstorming

Record the responses on a flipchart.

- What types of snacks and meals do you prepare to help your children eat nutritiously?
- Do you have any special ideas or hints for other parents to help their children eat healthy?



## Literacy Action Plan

### Monday

Read for 15 minutes with your child.

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### Tuesday

Read for 15 minutes with your child.

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### Wednesday

Read for 15 minutes with your child.

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### Thursday

Read for 15 minutes with your child.

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### Friday

Read for 15 minutes with your child.

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### Saturday

Read for 15 minutes with your child.

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### Sunday

Read for 15 minutes with your child.

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## About the Author<sup>32</sup>

Author and illustrator Michael Bania wrote *Kumak's Fish* based on her experiences living and teaching in the northwest Arctic where the Inupiat live. Comical Kumak makes his second appearance here, following his debut in Bania's previous book *Kumak's House*. *Kumak's Fish* was inspired by Bania's observation of an Inupiat community dealing with the unexpected arrival (and boon) of a whale amongst their midst. The village celebration and feasting that was the result of this joyous event helped shape the story of Kumak and his amazing catch of fish.

Originally from California, Michael Bania settled into life in Alaska. She didn't head for the big cities instead, she lived in an Inupiat village working for a regional school district. She worked to help preserve the Inupiat language and culture and her job was to produce a series of textbooks for which she also provided the illustrations. Art has been a big part of her life. She could draw from an early age and her father was an illustrator at the Disney studios.

When she retired from her job she began to write children's books. She vowed that she would write books that children's wanted to read over and over again. And that she did!

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<sup>32</sup> From [http://www.childrenslit.com/childrenslit/mai\\_bania\\_michael.html](http://www.childrenslit.com/childrenslit/mai_bania_michael.html)



## Paper Plate Fish

### You will need:

- Paper plates
- Paints
- Crayons
- Glue
- Collage items
- Scissors



1. Decorate the back of a small paper plate with paints, crayons, glue and collage items.
2. When dried, cut out a triangle from the upper right hand section.
3. Glue the triangle onto the opposite side of the fish for the tail.
4. Glue on a wiggle eye.
5. Hang your fish from the ceiling.



## Lunch Bag Fish

### You will need:

- Lunch bags
- Old newspapers
- Wiggly eyes
- Paint
- Crayons
- Glitter



1. Decorate a lunch bag, and loosely stuff with old newspaper.
2. Tie about 2 inches from the end.
3. Fan out the tied portion for the tail.
4. Glue on a wiggly eye and attach a fin to the side if you like!



## Paper Plate Aquarium

### You will need:

- 2 paper plates per person
- Blue construction paper
- Glitter
- Fish stickers (optional)
- Plastic wrap
- Glue



1. Cut the center out of one of the paper plates.
2. Trace around the center circle on blue construction paper.
3. Glue the blue circle to the other paper plate.
4. Add fish stickers or pictures to the blue circle.
5. Add glitter to the bottom of the ocean circle.
6. Cover the ocean scene with plastic wrap.
7. Glue both paper plates together.



## Coffee Filter Fish

### You will need:

- Coffee filter
- Washable markers
- Water (spray bottle if possible)
- Wiggly eyes
- Tinfoil



1. Flatten out the coffee filter on a plate.
2. Color it with various colors of markers.
3. Wet the coffee filter using a squirt bottle or by flicking drops of water onto the filter with your hands.
4. Set it aside to dry for a few hours or blow dry with a hand held blow dryer on low heat for about 5 minutes.
5. Once it is dry, cut out a fish shape from the coffee filter.
6. Glue on some small strips and triangles of tinfoil.
7. Glue on a wiggly eye and draw on a mouth.

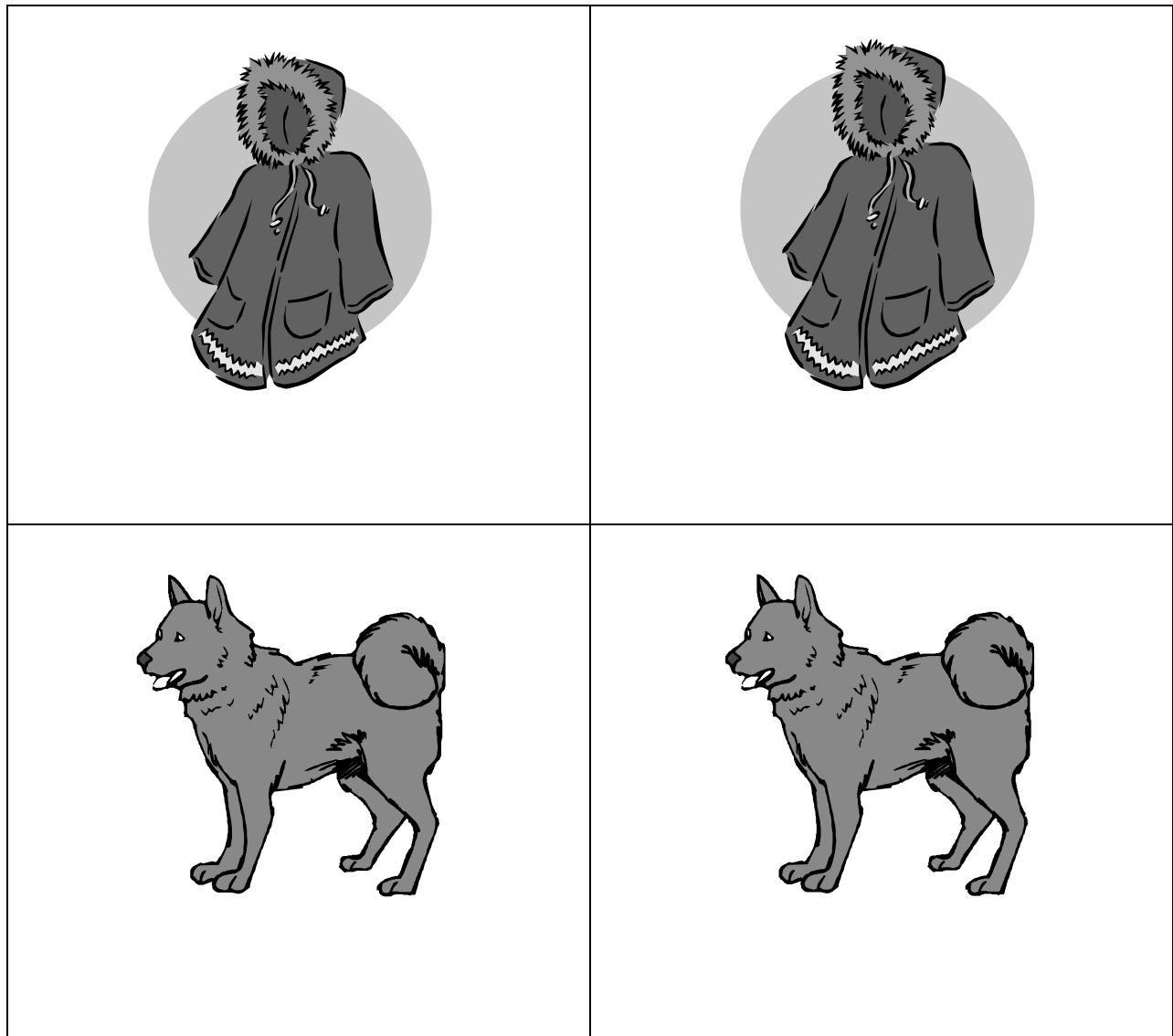


## Memory Game

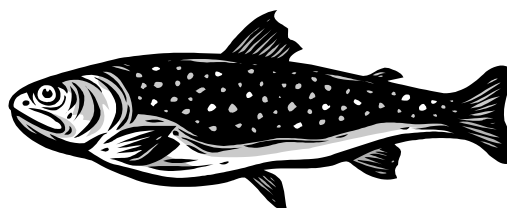
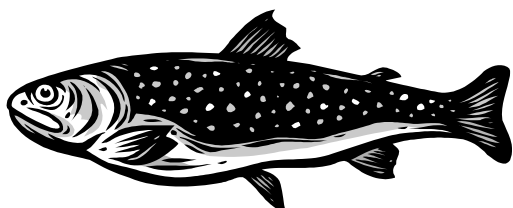
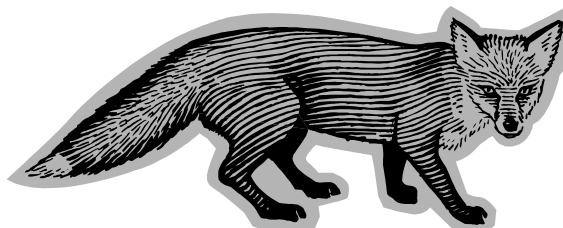
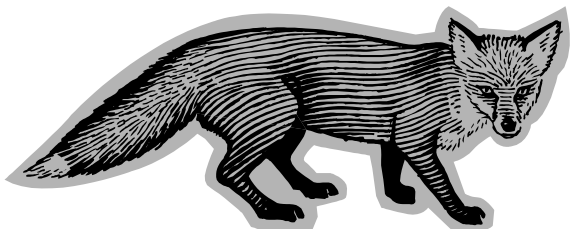
(Ages 2 and up)

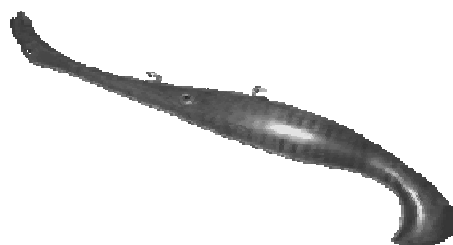
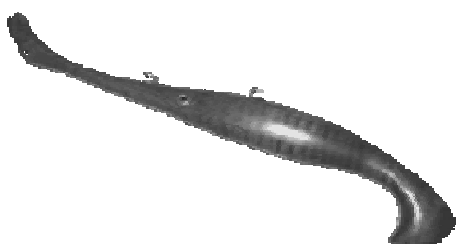
Cut out the cards and turn them over on the table top. The first player turns over 2 cards. If the pictures match, she gets to keep them and take another turn. If not, she turns them back over and the next player takes a turn. The winner is the person with the most pairs when all the cards are picked up.

\* If you want to make a sturdier game that will last a long time, glue the cards to a sheet of cardboard before cutting them out, or laminate them.













## Fish snacks<sup>33</sup>

### Tuna Fish Boats

#### You Will Need:

- Tuna
- Mayonnaise
- Hot Dog Rolls
- Pretzel Rods
- Cheese Slices

1. Mix the tuna and the mayonnaise together.
2. Place tuna mixture in a hot dog roll. Cut the roll in half.
3. Cut a piece of cheese slice into a triangle shape and thread it onto a pretzel rod (this is the sail).
4. Stick the sail into the tuna boat.

### Apricot Goldfish

#### You Will Need:

- Dried Apricots
- Mini pretzels
- Cream cheese or a bit of icing
- Mini chocolate chips



1. For each fish, slit one end of a dried apricot and insert the bottom of a mini pretzel. Pinch the apricot around the pretzel to hold it in place.
2. For a fish eye, use a small dot of cream cheese and then press a mini chocolate chip, tip down, into the cream cheese.

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<sup>33</sup> Recipe from [www.familyfun.com](http://www.familyfun.com)



## Fish Stew

Makes enough for 6 people

You will need:

- Oil
- 1 large onion
- 2 cloves of garlic
- Can of tomatoes
- 3 tablespoons of tomato paste
- 3 cups of soup stock (vegetable or chicken broth)
- 3 carrots
- 4 stalks of celery
- 2 large potatoes
- 2 large fish fillets
- Spices – oregano, thyme, pepper, salt, etc

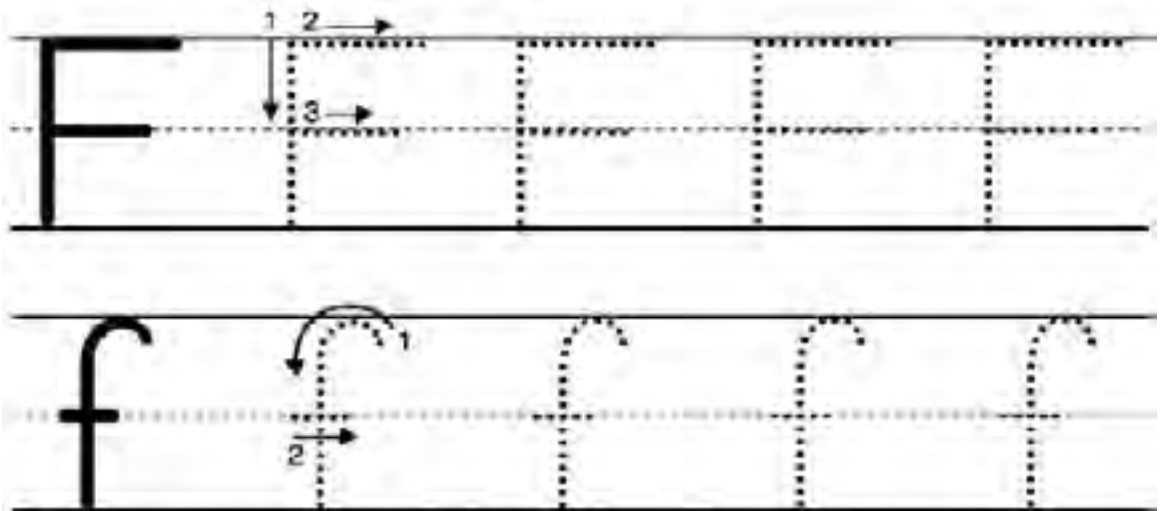
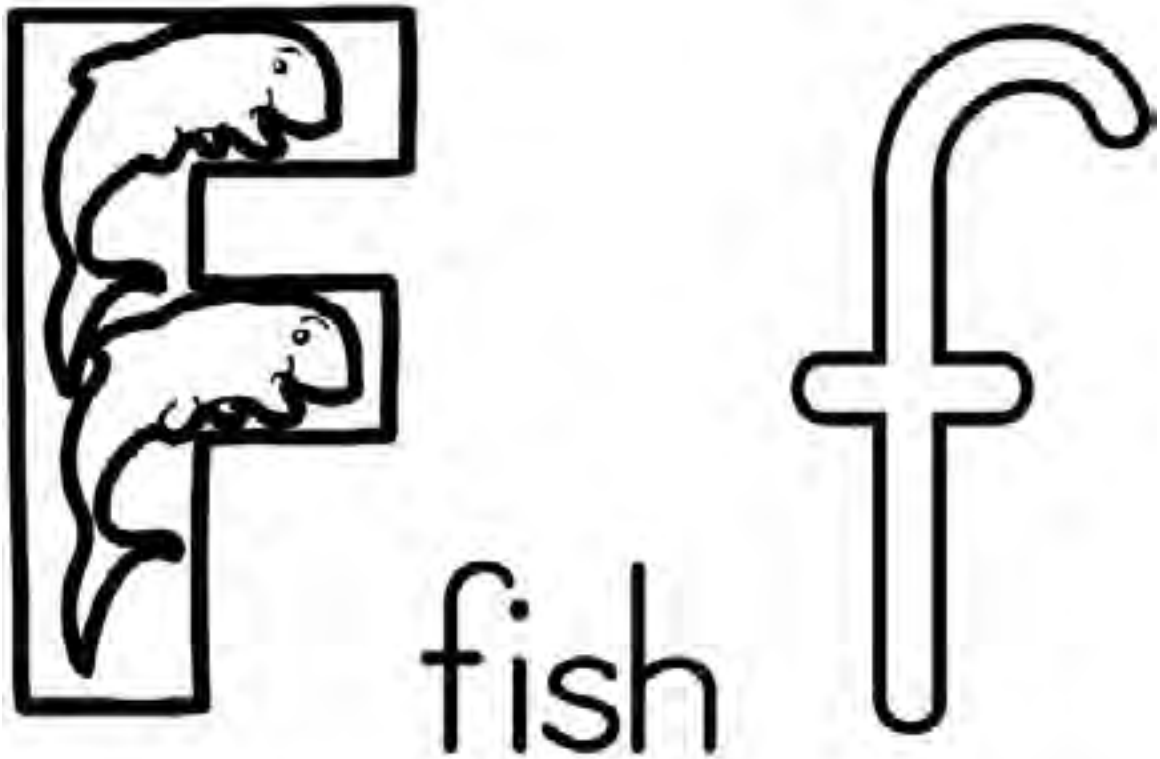


1. Cut onion and fry.
2. Cut carrots and chop garlic add to onion. Simmer for 5 minutes
3. Add can of tomatoes, tomato paste, soup stock bring to a boil.
4. Add cut up potatoes and celery. Cook for 8 minutes or until tender.
5. Add spices and fish cut into pieces. Cook for about 5-7 minutes.



# The Letter F

(Ages 4 and up)

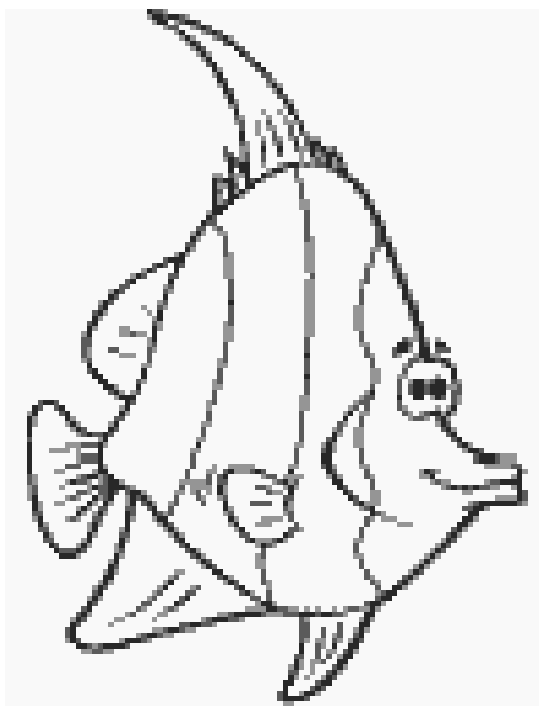
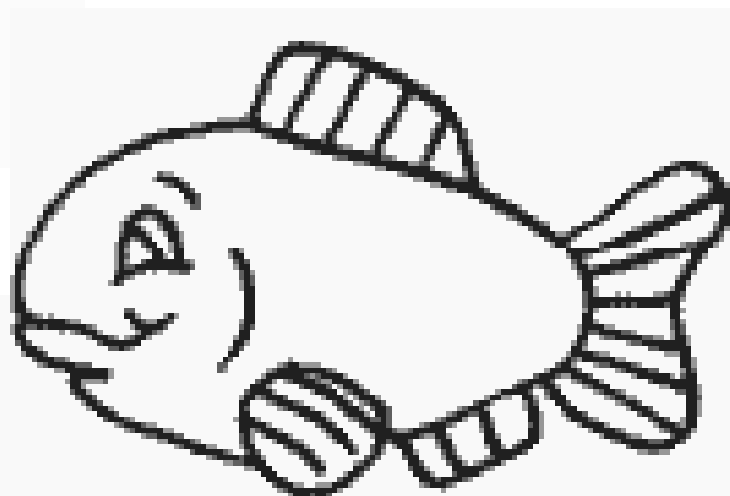


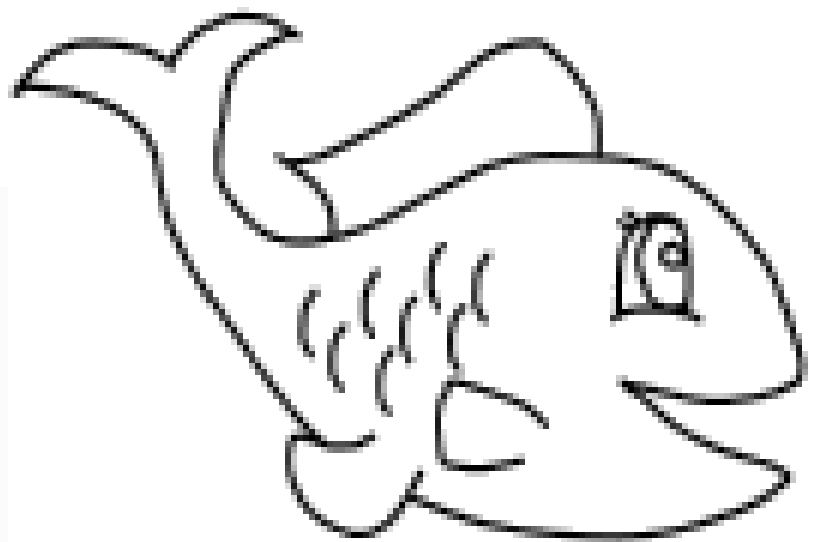
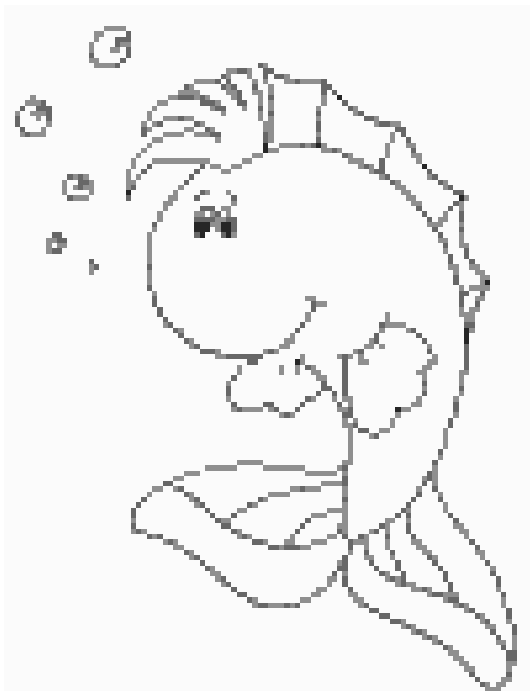
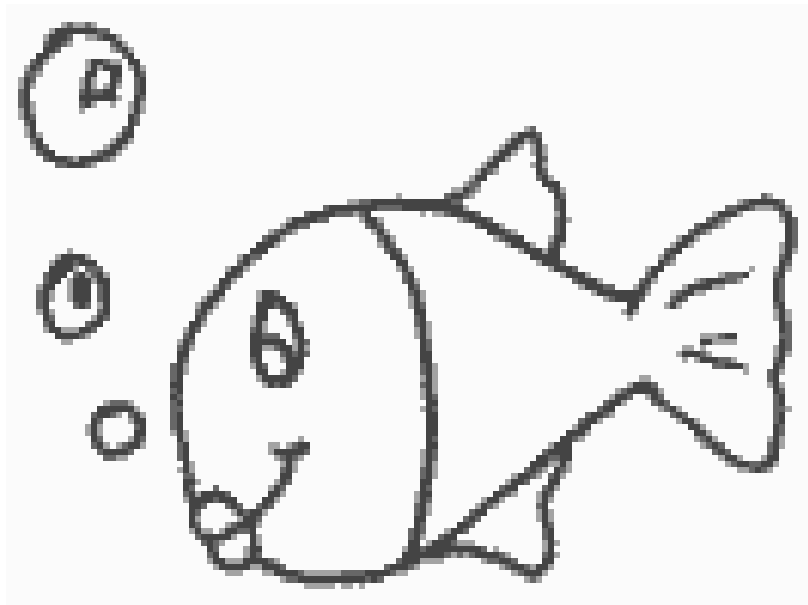
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## Colour the Fish

(All ages)



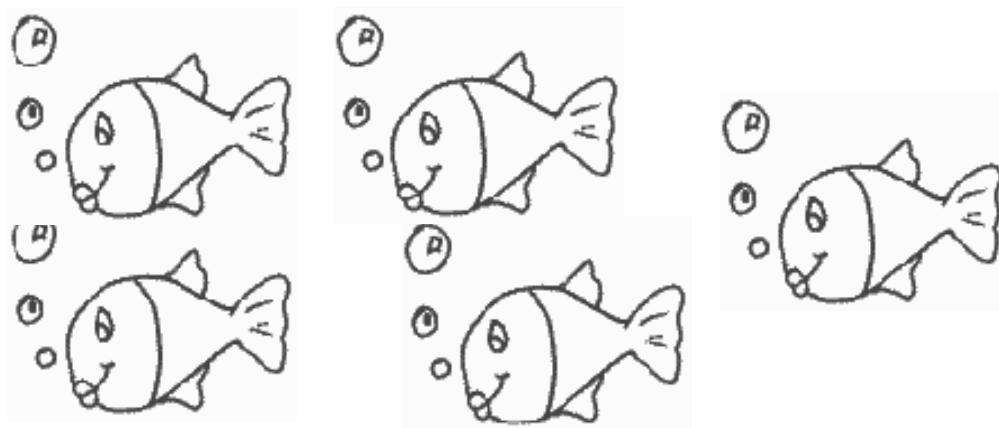




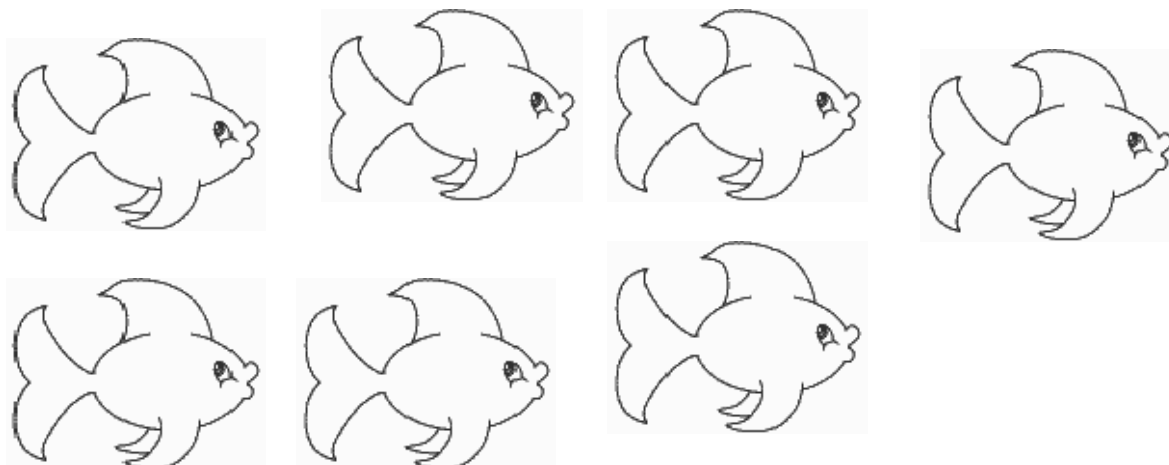


## Count and Colour the Fish

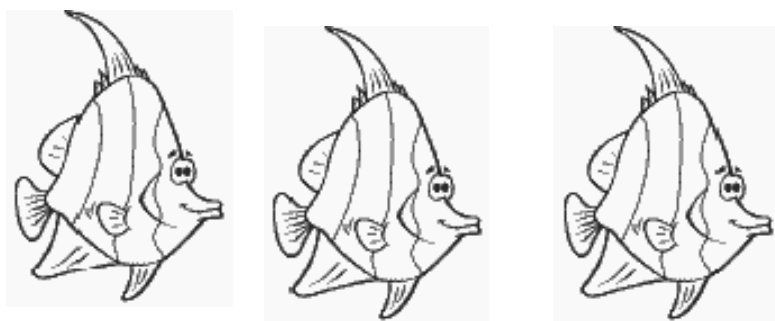
(Ages 2 and up)



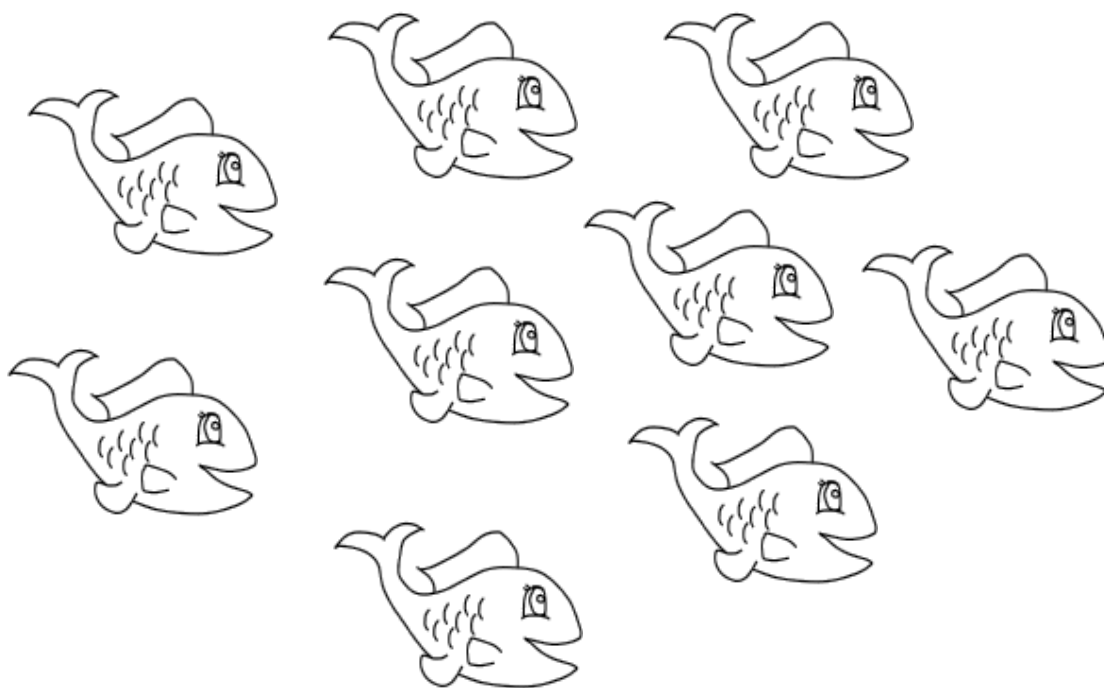
How many fish? \_\_\_\_\_



How many fish? \_\_\_\_\_



How many fish? \_\_\_\_\_



How many fish? \_\_\_\_\_



## Fish Bowl Fun!

(All ages)

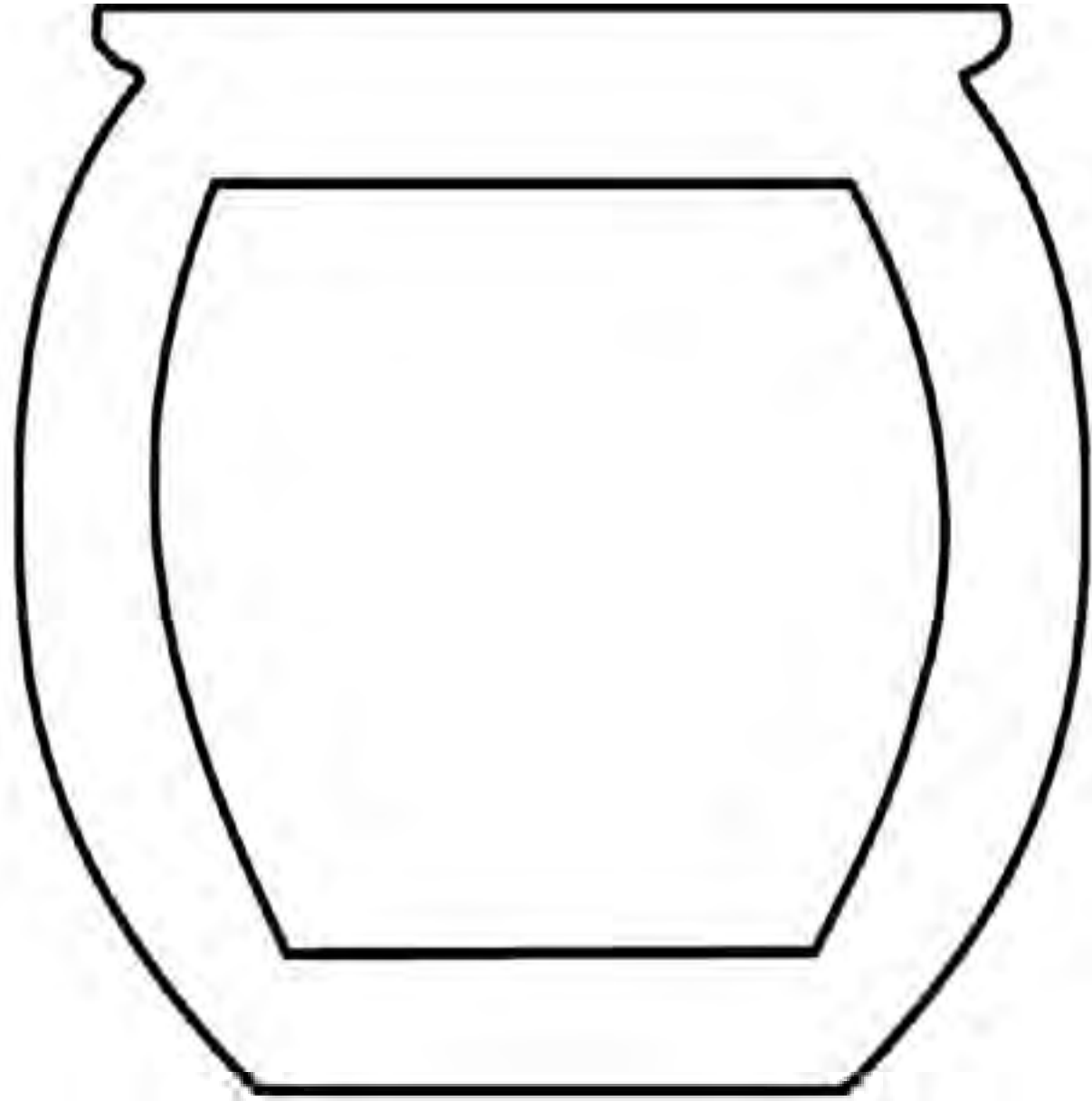
Colour the fish and the bowl and water. Then cut out the fish below and paste them into the bowl. Have some fun and use sprinkles for the water!





## More Fish Bowl Fun! (All ages)

Now draw your own fish in the fish bowl. How many fish did you draw?  
What colours are your fish?



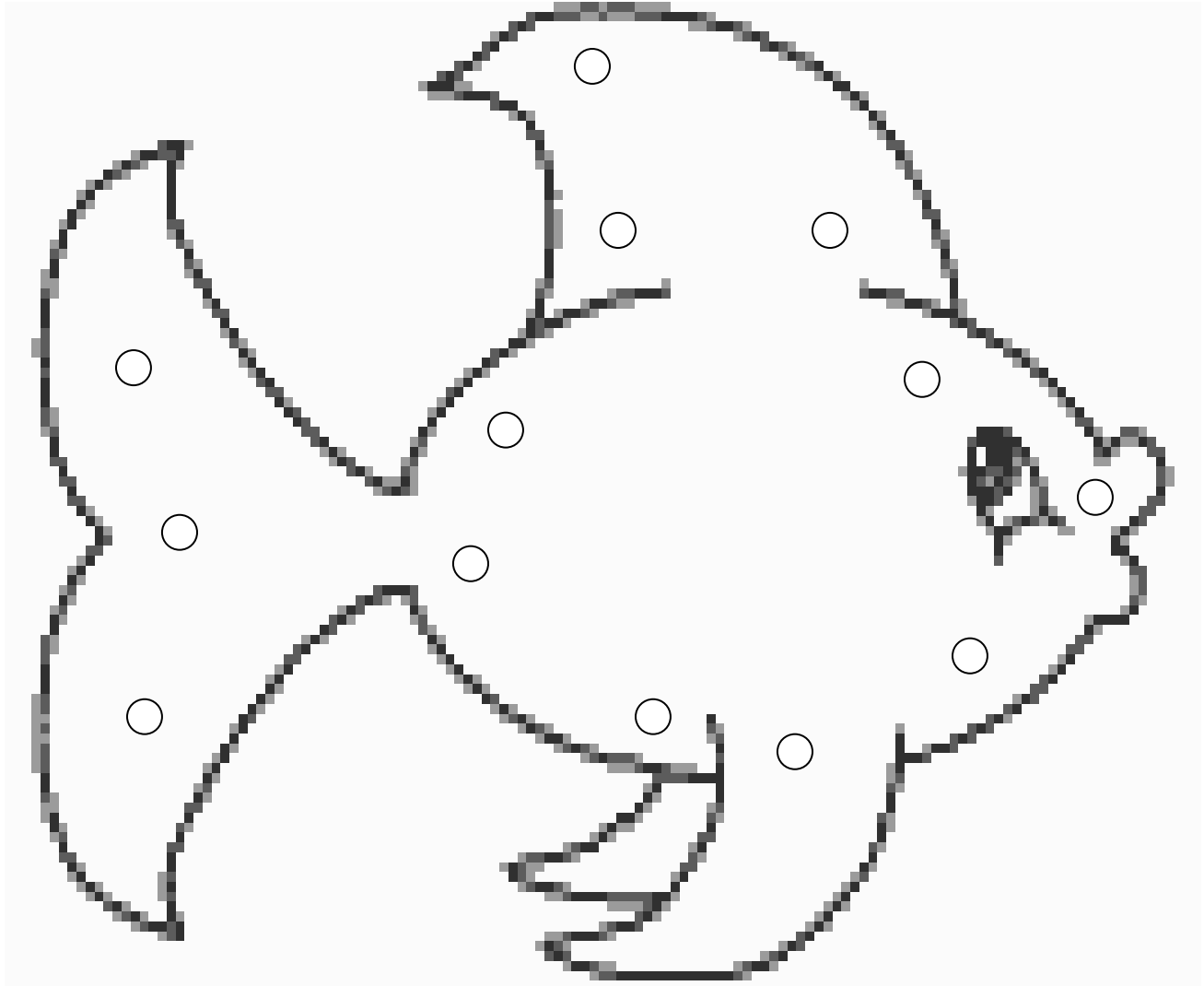


## Lace-up the Fish

(Ages 3 and up)

### You will need:

- Picture of fish
  - Cardboard
  - Lace or string
  - Hole puncher
  - Markers or crayons
1. Colour the fish below.
  2. Cut out the fish and paste it onto cardboard.
  3. Punch holes around the edges.
  4. Lace the string through the holes.
  5. Practice your counting as you lace.





## **Fish Songs**

(All ages)

### **1-2-3-4-5 Once I Caught a Fish Alive**

1-2-3-4-5 Once I caught a fish alive

6-7-8-9-10 Then I let him go again.

Why did you let him go?

Because he bit my finger so.

Which finger did he bite?

This little pinky on the right.

### **I'm a Little Fish!**

(tune of I'm a Little Teapot)

**I'm a Little Fish, I like to swim.**

(put hands in prayer position facing away from you...they're the fish.

Wiggle them back and forth like a fish swimming through the water)

**You can't catch me, 'cause I have no fins.**

(shake fingers back and forth "no no no")

**When I swim past my friends, I hear them say,**

(put hand to ear like you're listening)

**"STOP your swimming and come and play!"**

(make a STOP gesture with hand and then jump up in the air).



**Slippery Fish**  
(by Charlotte Diamond)

Slippery fish, slippery fish, sliding through the water  
Slippery fish, slippery fish Gulp, Gulp, Gulp!  
Oh, no! it's been eaten by an....

Octopus, octopus, squiggling in the water  
Octopus, octopus, Gulp, Gulp, Gulp!  
Oh, no! it's been eaten by a ....

Tuna fish, tuna fish, flashing in the water  
Tuna fish, tuna fish, Gulp, Gulp, Gulp!  
Oh, no! it's been eaten by a....

Great white shark, great white shark, lurking in the water  
Great white shark, great white shark, Gulp, Gulp, Gulp!  
Oh, no! it's been eaten by a ...

Humongous whale, humongous whale, spouting in the water  
Gulp! ... Gulp! ... Gulp! ... BURP!  
Pardon me!



### **Have You Ever Been Fishing?**

Have you ever been fishing  
On a bright and sunny day?

*(Pretend to cast fishing rod)*

When all the little fishes  
Swimmin' up and down the bay?

*(Swim with hands)*

With your hands in your pockets  
And your pockets in your pants

*(Put hands in pockets)*

And all the little fishes do the  
Hootchy Kootchy dance!

*(Wiggle hips and do a little dance)*

### **One Little, Two Little, Three Little Fishes**

One little, two little, three little fishes  
Four little, five little, six little fishes  
Seven little, eight little, nine little fishes  
Ten little fishes in the pond